Man accused of lying to CBP pleads guilty. PAGE 2
20 are naturalized in celebration of Veteran's Day. PAGE 4

Hafa Adai!

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Saipan Tribune

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MONDAY NOVEMBER 15, 2021

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UNCROWDED MANAGAHA
Tourists enjoy the crystal-clear water Thursday morning off the northeastern beach of Managaha Island. The islet, which is usually filled with tourists, is uncrowded these days as most of the tourists there are participants in the "travel bubble" program between the CNMI and South Korea.
MARK FARMER

PSS' in-person classes on Nov. 29

From left with webcams on, Commonwealth Healthcare Corp. chief executive officer Esther L. Muña with Governor's COVID-19 Task Force chair Warren Villagomez; regional epidemiologist Stephanie Kern-Allely; CNMI Board of Education chairman Andrew L. Orsini; and non-voting BOE member Phyllis M. Ain, J.D. take part in virtual BOE meeting last Friday.
JOSHUA SANTOS

By JOSHUA SANTOS
joshua_santos@saipantribune.com
REPORTER

After almost four hours of discussion, questions, and public comments, the CNMI Board of Education voted unanimously Friday to move the resumption of in-person classes at the Public School System to Nov. 29, instead of today.

See PSS on Page 4

'NOAA audit questions Wespac's grant award for DLNR'

By FERDIE DE LA TORRE
ferdie_delatorre@saipantribune.com
REPORTER

Delegate Gregorio Kilili C. Sablan (Ind-MP) said over the weekend that an audit by the Inspector General of the National Oceanic and Atmospheric Administration has found questionable expenditures of $1.23 million by the

See NOAA on Page 4

4 more positive cases

By JOSHUA SANTOS
joshua_santos@saipantribune.com
REPORTER

Four more individuals have been identified and confirmed positive for COVID-19, bring-

See CASES on Page 4

RELATED NEWS
What would widespread community transmission look like? PAGE 5

COMMUNITY VULNERABILITY

LEGEND:
Red: Least safe
Orange
Yellow
Blue
Green: Safest

Source: Office of the Governor

AT A GLANCE

As of 5:14pm, Nov. 14, 2021

VACCINATIONS IN THE CNMI

Eligible Population Fully Vaccinated: 84.2%

Days since last community transmission: 3

Pfizer/BioNTech	
Initiated:	32,152
Fully Vaccinated:	30,039
Moderna	
Initiated:	4,924
Fully Vaccinated:	4,747
Janssen	
Fully vaccinated:	923

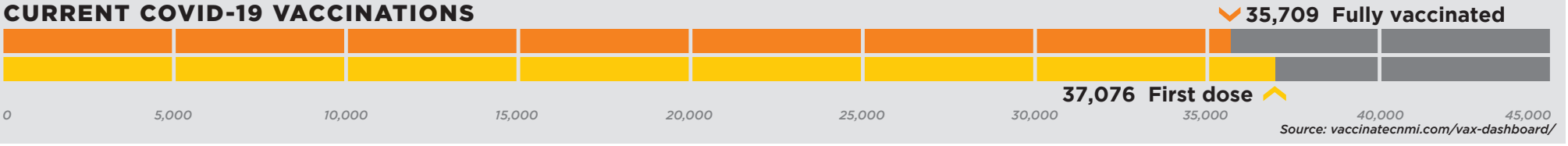
GUAM	OLD	NEW	TOTAL
Positive	18,840	73*	18,913
Recovered	16,390	272	16,662
Active	1,920	73	1,993
Deaths	258	0	258

SAIPAN	OLD	NEW	TOTAL
Positive	380	4	384
Traced via Travel Screening	262	1	263
Traced via Community Screening	118	3	121
Deaths	3	0	3

*11/14=22; 11/13=28; 11/12=23

Source: Joint Information Center - Guam, Commonwealth Healthcare Corp., https://www.vaccinatecnmi.com/vax-dashboard/

CURRENT COVID-19 VACCINATIONS



Source: vaccinatecnmi.com/vax-dashboard/

INSIDE

OPINION
Lannie Walker, a former CNMI journalist at KSPN2 News, pays a tribute to Bob Coldeen.

PAGE 11

LOCAL
Triple J Saipan, Inc. has hired Fred Camacho and Keith Ahn as its newest executive.

PAGE 11

LIFE & STYLE
Britney Spears is free. A Los Angeles judge has ended her conservatorship.

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GOT A NEWS TIP? TEL: 235-6397 / 235-2440 FAX: 235-3740 EMAIL: editor@saipantribune.com

Local

Man accused of lying to CBP pleads guilty

By KIMBERLY B. ESMORES
kimberly_esmores@saipantribune.com
REPORTER

A man accused of lying to the U.S. Customs and Border Protection pleaded guilty before the District Court for the NMI last week.

Seongil Lee, also known as Nasaro Lee, pleaded guilty to one count of making false statements to CBP while being screened at the Francisco C. Ada/Saipan International Airport.

According to the plea agreement, when asked by a U.S. Immigration and Customs Enforcement-Homeland Security Investigations special agent whether he had ever violated any law related to drugs, Lee answered "no," a statement he knew was false in that he had previously been convicted and sentenced to seven years' for trafficking a controlled substance into Japan from South Korea.

U.S. District Court for the NMI Magistrate Judge Heather Kennedy accepted Lee's guilty plea and recommended that Chief Judge Ramona V. Manglona accept the plea. Lee will be sentenced on Nov. 24.

Making a false statement carries a maximum penalty of not more than five-year imprisonment, a fine not to exceed $250,000, and not more than three years of supervised release.

Lee was allowed to wait out his sentence out of custody on a $3,000 unsecured bond.

According to court documents, U.S. Immigration and Customs Enforcement filed the criminal complaint against Lee after he presented a South Korean passport in the name of "Nasaro Lee" and lied to CBP officers at the Saipan airport last Oct. 16.

The complaint stated that Department of Homeland Security records showed that CBP denied Lee's entry into Los Angeles on April 5, 2010, based on an interview with CBP where Lee admitted to a controlled substance conviction in Japan. Lee also admitted to serving five years and eight months of imprisonment for trafficking a controlled substance into Japan.

On May 21, 2019, Lee submitted an Electronic System for Travel Authorization application through the DHS website. However, because Lee's ESTA application failed to disclose that he was a convicted felon, the application was denied.

Then, on Oct. 1, 2021, an ESTA application was submitted using the name "Nasaro Lee," that also failed to disclose Seongil Lee's prior felony conviction. The ESTA application under "Nasaro Lee" was approved on Oct. 1, 2021, and he was admitted to Saipan, according to DHS' system.

On Oct. 16, Lee presented a South Korean passport in

See MAN on Page 4

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NOTICE OF BOARD COMMITTEE MEETINGS

The Commonwealth Ports Authority hereby gives notice that there will be Board Committee Meetings on Friday, November 19, 2021, beginning 9:00 a.m. in the As Paris Restaurant's Meeting Room, Songsong Village on Rota.

AGENDA

AIRPORT FACILITIES COMMITTEE

I. **Call to Order, Roll Call, Adoption of Agenda, Adoption of Minutes (September 17, 2021)**
II. **Public Comments**
III. **Old Business:**
  1. Solar Request for Proposal (RFP) Status Report
  2. CUC Power Plant 2 (Rota)
IV. **New Business:**
  1. Transportation Security Administration (TSA) Lease
  2. Off-site Car Rental Regulation
  3. Updated Airport Facilities Committee Report
V. **Executive Session (if needed)**
VI. **Miscellaneous/Announcements**
VII. **Adjournment**

PERSONNEL AFFAIRS COMMITTEE

I. **Call to Order, Roll Call, Adoption of Agenda, Adoption of Minutes (September 17, 2021)**
II. **Public Comments**
III. **Old Business:**
  1. Contract Renewal: Deputy Director
IV. **New Business:**
  1. Contract Renewal-Executive Director
  2. Request to Replace and Advertise:
    a. BHS Technician (1 vacancy) Saipan
    b. BHS Specialist (1 vacancy) Saipan
    c. General Maintenance I (1 vacancy) Saipan
    d. Ports Police Officer I (1 vacancy) Saipan
    e. AOA Controller/Ground Maintenance I (1 vacancy) Rota
    f. General Maintenance I (1 vacancy) Tinian
    g. AOA Controller/Ground Maintenance I (1 vacancy) Tinian
  3. Restructure of Operations Department
  4. Updated Personnel Affairs Committee Report
V. **Executive Session (if needed)**
VI. **Miscellaneous/Announcements**
VII. **Adjournment**

SEAPORT FACILITIES COMMITTEE

I. **Call to Order, Roll Call, Adoption of Agenda, Adoption of Minutes (September 17, 2021)**
II. **Public Comments**
III. **Old Business:**
  1. Tinian Marine Stevedore, Inc.
  2. Tinian Shipping
  3. Echo Dock
  4. Industrial Drive Road
IV. **New Business:**
  1. Insurance for Rota West Harbor's Small Boat Marina
  2. Updated Seaport Facilities Committee Report
V. **Executive Session (if needed)**
VI. **Miscellaneous/Announcements**
VII. **Adjournment**

FINANCIAL AFFAIRS COMMITTEE

I. **Call to Order, Roll Call, Adoption of Agenda, Adoption of Minutes (September 17, 2021)**
II. **Public Comments**
III. **Old Business: None.**
IV. **New Business:**
  1. Supplemental Budget Request: Seaport Ports Police Truck
  2. Updated Financial Affairs Committee Report
V. **Executive Session (if needed)**
VI. **Miscellaneous/Announcements**
VII. **Adjournment**

Written testimony on the agenda items may be sent via email before the meeting to cpa.admin@pticom.com. Attendees (in person) must wear a mask and practice social distancing.

Barrie C. Toves
Airport Facilities Chair

Ramon A. Tebuteb
Financial Affairs Chair

Pete P. Reyes
Seaport Facilities Chair

Joseph M. Diaz
Personnel Affairs Chair

'Experts, specialists, engineers hired to assist with federal projects'

By FERDIE DE LA TORRE
ferdie_delatorre@saipantribune.com
REPORTER

The Infrastructure and Recovery Program has hired several experts and specialists that are now assisting with many government agencies on various federally-funded projects, according to IRP coordinator Marianne Concepcion-Teregeyo.

In an interview last Tuesday during the Coastal Construction Training at Aqua Resort Club, Concepcion-Teregeyo said right now they have two biologists and one endangered species specialist for their biology team, plus two archeologists, one Section 106 coordinator, and one anthropologist. Section 106 is a component of the National Historic Preservation Act of 1966 and requires identification and assessment a federal agency's actions and its effects on historic buildings.

She said they also have an engineer, inspectors, and are going to hire independent engineers.

IRP hosted the Coastal Construction Training, with support from Federal Emergency Management Agency's Building Science, Mitigation Assessment Team.

Concepcion-Teregeyo said they're we're working on the Commonwealth Utilities Corp.'s wastewater projects right now and also working with the Commonwealth Healthcare Corp.'s expansion project.

She said they have been directed to assist with the Marpi public cemetery project and also to assist with the Northern Islands' water and waste water catchment systems.

"So there's a lot of projects that we're now doing… because we have our subject-matter experts," she said.

Concepcion-Teregeyo

She said they're preparing and assisting other agencies for their projects such as the Oleai Road Project, where their archeology team is assisting the Northern Marianas Housing Corp. and the Historic Preservation Office. Concepcion-Teregeyo said she heard of a report that intact human remains were was found at the Oleai Road Project so their archeologist is at the site for assistance.

In the case of the Commonwealth Utilities Corp., she said they are hoping to begin the wastewater and water construction for the As Gonno homestead subdivision. She said their target is by May 2022 to break ground on that water and wastewater project. She said the Department of Public Lands has completed the design but there was an additional request to pull in the water line and the wastewater from the primary line all the way into the lots.

Concepcion-Teregeyo said she believes that DPL is getting ready to issue those homestead lots. She said the big component is to ensure that the water and wastewater lines are ready.

Right now, Concepcion-Teregeyo said, they are all working on permitting and just getting these things moving. "But by next year, we're sure that we're going to start to see [this project get off the] ground," she said.

She said May is their conservative projection for the As Gonno homestead project, but they're actually hoping to do it by March or April. Concepcion-Teregeyo said their chief engineer, Mariano Iglecias, is working with DPL's engineer and CUC's chief engineer, Larry Manacop.

"We want to get the As Gonno infrastructure project going," she said.

Concepcion-Teregeyo said they also went to Rota and Tinian with the FEMA team where they met with the mayors and their teams.

"We offered them the same thing: What kind of trainings they need and what kind of help they need," she said.

She said they have the archaeologist and biologists and if Tinian and Rota have permits that need execution, their team will help them.

Concepcion-Teregeyo clarified that IRP is not handling $1 billion worth of projects since they only work on designated projects as outlined in Gov. Ralph DLG Torres' directive on IRP. "So whatever projects are designated to us from the Office of the Governor, that's our first mission," she said.

The coordinator said right now they're working on the American Rescue Plan Act projects. She said the CNMI received $583 million for ARPA, but every payroll also uses a portion of that ARPA money.

Concepcion-Teregeyo said the infrastructure money that was put in on the governor's spending plan, that's what they're using. She said they're using the $83 million for DPL's homestead infrastructure.

She said ARPA cannot pay for power so they're just doing water and wastewater project.

She said they are working and meeting weekly with CUC, the Department of Public Works, Commonwealth Healthcare Corp., and FEMA Interagency Recovery Coordination.

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NOVEMBER 08 – DECEMBER 13

TakeCare's 2022 Benefit Briefings via Zoom
Every Monday, Wednesday, Friday during Open Season

MORNING SESSION
Morning Session
9:00am - 10:30am
Guam, Port Moresby
Meeting ID: 858 2458 1984
Passcode: 698418
Link: http://tiny.cc/FEHBmorningsession

AFTERNOON SESSION
Afternoon Session
3:00pm - 4:30pm
Guam, Port Moresby
Meeting ID: 897 5384 8712
Passcode: 249192
Link: http://tiny.cc/FEHBafternoonsession

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20 are naturalized in celebration of Veteran's Day

By KIMBERLY B. ESMORES
kimberly_esmores@saipantribune.com
REPORTER

The U.S District Court for the NMI swore in 20 new U.S citizens last Friday as part of a nationwide naturalization ceremonies held to celebrate Veteran's Day.

Magistrate Judge Heather Kennedy led the 20 new citizens in taking their oath of allegiance during the ceremony at the U.S. District Court for the NMI.

The 20 new citizens are Somjai Sae Tang Ada, Felicita Bigoy Arriola, May Ann Reyes Cabrera, Diony Alcaide Camacho, Amelia Tiamzon Castro, Windle Arellano Ciano, Maria Inay Elameto, Mariquita Mejia Flores, Jesus Sunga Hernandez, Pablo Bautista Mendoza, Marissa Esperanza Miron, Fernando Boniag Molina, Concepcion Gabi Pinaula, Monica Intan Quitevis, Juvilyn Santos Sablan, Romila Egipto Sablan, Jerry Dela Cruz Uberita, Angelita Angeles Velarde, Mona Lisa Deang Villagomez, and Maryline Dalit Zinampan.

The new citizens were also addressed by retired Lt. Col. Clement Bermudes who said it was an honor to celebrate Veteran's Day welcoming some of America's newest citizens.

"Veterans Day is a wonderful day of celebration for those who served, those who sacrificed their life for a better America, and those who continue to serve and protect our freedoms. I'm so honored to celebrate this significant day with all of you and your family who supported you through this entire process," he said.

Bermudes encouraged the new citizens to shoot for the stars with the doors of opportunities opened by their newfound citizenship.

"This ceremony celebrates how hard you worked for something better. It's not about being better than others. But to do better for the person we see in the mirror. I now encourage you to be a life-long learner. To grow every day, and to shoot for the stars. I urge you to dream big," he said.

U.S. District Court for the NMI Magistrate Judge Heather Kennedy, leftmost, joins the 20 new citizens after the naturalization ceremony that was held to celebrate Veteran's Day.
KIMBERLY ESMORES

Bermudes left the new citizens with three R's to remember: respect, relationships, and responsibility. "With these three R's, inspire the next generation of Americans not only with your words, but also with your actions."

He reminded them that with their new citizenship also comes new responsibilities.

"We are citizens of a nation built on the backs of hardworking Americans. You now have a key role in this society and with it comes bigger responsibilities. Responsibilities for the freedoms we enjoy, for respecting all laws, for our relationships with fellow Americans, and those who seek a better life, and for the equality and fairness entrusted by god," he said.

PSS

From Page 1

During a virtual board meeting, the PSS board came to its decision after a presentation by regional epidemiologist Stephanie Kern-Allely, who outlined the Commonwealth Healthcare Corp.'s recommendations that safely returning to in-person instruction is a priority.

Acting Education commissioner Eric Magofna also spoke of the impacts school closures have had on the PSS community, particularly on learning loss, student nutrition, and student mental health.

The virtual meeting was also attended by Gov. Ralph DLG Torres, Commonwealth Healthcare Corp. chief executive officer Esther L. Muña, and Governor's COVID-19 Task Force chair Warren Villagomez. The three gave remarks and briefly answered questions and concerns meeting attendees had.

The virtual meeting was held using Google's teleconference platform Google Meet, which has a maximum participant count of 250. After this cap was hit, the BOE decided to stream the board meeting on CNMI PSS' Facebook page. On Facebook, the board meeting garnered almost 10,000 views and more than 600 comments.

What was originally on the agenda for last Friday's meeting was for the BOE to vote on the resumption of in-person classes to begin today, Nov. 15. BOE member Antonio Borja made the motion to move the resumption date to Nov. 29. BOE vice chair Herman Atalig seconded the motion.

In her presentation, Kern-Allely highlighted various data on the CNMI's vaccination numbers and the current level of community transmission of COVID-19 in the CNMI since Oct. 28, and other related research that would back her and CHCC's support of resuming in-person classes.

Most notably, Kern-Allely presented research that indicated that there have been no detected outbreaks of COVID-19 in a school under the CNMI Public School System.

So far, through case investigation and contact tracing of people with COVID-19 who are PSS students, staff, or teachers, what has been found so far is evidence that would indicate that COVID-19 transmission happened in households rather than in schools themselves, she said.

Kern-Allely also presented a graphic depicting what's called the "Swiss Cheese Respiratory Virus Pandemic Defence," which has been widely used as an accessible metaphor for the layers of preventative measures that need to be in place to prevent the spread of a virus.

Primarily, the "Swiss Cheese" model illustrates that a probability of spread will always exist, but multiple layers of protection working in tandem will significantly reduce the likelihood of spread as a virus passes through each layer.

In summary, Kern-Allely and CHCC said that, for the overall wellbeing of students, safely returning to in-person instruction is a priority, and that reopening schools is critical to students' education and their physical and mental health. Kern-Allely added that being vaccinated remains the best preventative measure against COVID-19 and that the chance of COVID-19 transmission is low with layered prevention strategies in place.

Muña also shared what were known PSS-related COVID-19 numbers so far, that the following were those identified as positive for COVID-19: one staff member from Chacha Oceanview Middle School; two students from Kagman Elementary school; three students from San Vicente Elementary School; one student from Hopwood Middle School; five students from Marianas High School; and one student from Francisco M. Sablan Middle School.

Muña added that 10 teachers and staff were quarantined and deemed as "persons under investigation." The 10 would be tested five days after exposure and released if they present negative test results.

Some parents expressed their concerns during the public comments section of the board meeting, with many more expressing their concerns in the chatbox of the Google Meet and the comments section of the Facebook livestream of the virtual board meeting.

A longer version of this story is available at www. saipantribune.com

'NOAA

From Page 1

Western Pacific Regional Fishery Management Council, and includes the citation of a sole-source contract of $344,525 by the CNMI's Department of Lands and Natural Resources for a fishing vessel and training services.

In addition to the $1,237,671 in questioned costs, the audit, which was released last week, found inadequate documentation that goods and services were delivered by vendors and reported competitive procurements were not followed, Sablan said in his e-kilili newsletter.

With respect to DLNR's fishing vessel, Sablan said the audit found that the sole-source contract did not include documentation of any market or competitive pricing research to ensure the contract amount was reasonable. Also, he said the purchase was not approved by NOAA, as required.

In its comments to the audit, the council disagreed that it did not follow the competitive procurement requirements for the contracts where sole-source justification were provided.

The council also stated it provided a comparative analysis for vendor selection and vendor selection justification for the sole-source contract by DNLR.

The council further noted that it provided documentation for all contracts requested by the OIG and that questioned costs for which sole-source justifications were used should be removed.

The council's response provided explanations and rebuttals for each audit's finding and recommendation included in the draft report, as well as corrective actions planned or taken.

Saipan Tribune learned that the boat is the *Kirida*, which, according to Lt. Gov. Arnold I. Palacios in his testimony before the House of Representatives Judiciary and Governmental Operations Committee, he had inspected in Hawaii with the Attorney General before it was brought to the CNMI.

Kirida was used by Gov. Ralph DLG Torres and his brothers for their Northern Islands and other "fishing excursions," as shown by boat logs that the JGO obtained through a subpoena of Boating Safety records, according to a JGO member.

Sablan said the Inspector General wrote to him and the three other members of Congress who requested the audit in 2019.

He said the Wespac has 30 days from Nov. 10 to respond to the final audit report, after which the NOAA Grants Management Division will make a determination on how much of the questioned $1.23 million should be paid back.

The audit recommends that the director of NOAA Grants Management Division make a determination on the $1.23 million in questioned costs recommended by Office of Inspector General for recovery.

The audit also recommends, among other things, to instruct the council to implement any additional measures necessary to ensure adherence to all applicable financial assistance award requirements.

According to the audit, between fiscal years 2010 and 2019, the council received nine Western Pacific Sustainable Fisheries Fund grants and two cooperative agreement awards totaling approximately $7.4 million. These funds supported regional and territory-specific projects such as research and assessment, statistical estimation models, training, education, public outreach, and infrastructure development.

On Aug. 29, 2019, the U.S. Congress, through Sablan, and Reps. Raul Grijalva and Jared Huffman, requested that the OIG, among other things, conduct a detailed audit of Wespac's expenditures.

A longer version of this story is available at www. saipantribune.com

CASES

From Page 1

ing the CNMI's total to 384 cases.

In a new release on Thursday night the Commonwealth Healthcare Corp. reported that, one new case was found through surveillance testing on Nov. 10. This was followed by another news release on Friday, which said that three more cases were found through travel and surveillance testing on Nov. 11.

In both news releases, CHCC said all four cases have since been isolated and are being monitored.

Currently, there are 63 active cases of COVID-19, said CHCC. Since Oct. 28, there have been 93 new cases, with 69 identified through contact tracing, 16 through community-based testing, and eight through travel testing.

CHCC's Communicable Disease Investigation/Inspection team has already reached out to those who were in closest contact with the new positive cases and that the team will continue its efforts "until all probable cases are identified and tested."

MAN

From Page 2

the name of "Nasaro Lee" at the Saipan airport with a different date of birth and also presented his fingerprints to CBP.

The complaint noted that the fingerprints obtained from Seongil Lee's previous encounters and Nasaro Lee matched.

In addition, after reviewing images taken by CBP of Lee back in 2010 and comparing it to the image taken of Nasaro Lee last October 16, ICE claims they are the same individual.

What would widespread community transmission look like?

Marianas Medical Center and Pacific Labs is now a proud NMC ProaPerks partner. More information about their special promotion for ProaPerks card holders can be found at marianas.edu/proaperks. NMC

By JOSHUA SANTOS
joshua_santos@saipantribune.com
REPORTER

In past media briefings, Commonwealth Healthcare Corp. chief executive officer Esther L. Muña has shared that the evidence thus far does not point to widespread or accelerated community transmission of COVID-19. When asked last Friday for updates on these thoughts, Muña said this still remains the case.

What would "widespread" or "accelerated" community transmission of COVID-19 in the CNMI look like? Muña said this would be a rise in reported community cases that are unrelated to the original clusters. "Widespread would be something where it doesn't have any connection with the current cluster—the main cluster," she said.

So far, Muña said what she and CHCC are seeing is that the additional community cases of COVID-19 that are being reported so far are still linked to the clusters that originated the spread.

"[Through] the nucleus, the center of these cases, we're seeing how [COVID-19 is transmitted] through a particular workplace, for example. ...Because of everyone really practicing the 3 W's...and [vaccinations] we are seeing basically the closure of that; there is no further connection," said Muña.

She also said Friday that around 90% of the CNMI's eligible adult population has at least gotten their first dose of a COVID-19 vaccine, and that the CNMI's vaccination numbers will continue to rise as more individuals are scheduled to receive their second dose and be fully vaccinated in two to three weeks' time.

According to the vaccinatecnmi.com dashboard, as of Nov. 14, 84.2% of the CNMI's eligible population is fully vaccinated. Also, 37,076 individuals have at least received their first dose of a COVID-19 vaccine, 35,709 are fully vaccinated, and 5,200 have received an additional vaccine dose.

"If [the high vaccination rate and 3 W's] was not there, I believe we would have had worse. ...The CNMI community has been armed to do this," said Muña.

MMC is now a ProaPerks partner

Marianas Medical Center and Pacific Labs, LLC. is the latest company to sign on as a Northern Marianas College ProaPerks partner, joining many other businesses and organizations that provide exclusive discounts and benefits for NMC students, employees, and alumni.

All card-carrying members of the NMC ProaPerks program can now receive a 10% discount (except for medication and any related physical exam) at Marianas Medical Center.

Marianas Medical Center and Pacific Labs, LLC joins the growing list of ProaPerks partners, such as 153 Restaurant, 360 Restaurant, 4EVER CNMI, Alamo Car Rental, AllStar Sporting Goods, Aqua Connections, Inc., Athlete's Foot, Avis Rent A Car, BAB Korean Restaurant Cup Bab, Chagi Norf Kitchen, Boarderline, Bolis R US 2, Candle J, Caravan of Food, Casa Decor, Casa Urashima, Chelu Alynez Enterprise, Chungi Wa Korean Restaurant, Coral Garden Hotel, Cosmos Lounge, D' Chef's Kitchen, Docomo Pacific, Dollar Days, Enterprise Car Rental, Ete Cafe, Fishing Tackle and Sporting Goods, Fork and Spoon, Garapan Restaurant Cafe & Grill, Gold's Gym, Grandvrio Resort Saipan, Great Harvest, Boyer Trading Company LLC. dba Ginen Saipan, Ha'ani Company, Healing Stones Spa, Highway Express Auto Care Center, Herman's Modern Bakery, Inc./Tan Marikita's Cafe, Hertz Rental Car, Hyatt, Ice Island Coffee & Ice Deserts, Hotel Americano, Ina's Kitchen, Isla Shave Ice, International Roller Skates, Java Joe's, JC Cafe, Jhen's Sweet Corner Cakes, Judy's Cafe & Restaurant, Junlyn Salon, Kentucky Fried Chicken/Taco Bell, Kiki's, Latte Build Gym, Lohas Massage, Lohas Nails, Lucky Store, Lucky II Mart, Magbers Snack Bar, Majesty Restaurant, Mama D's Cafe, Mariana Lighthouse, Marianas Creation, Megabyte, Mermaid Restaurant & Milk tea, Micafe Snack Corner, Nam Dae Moon, National Car Rental, Natural Nail & Spa, Neni Girl Nails, NMC Bookstore, Ocean Candy, Ocean Star Restaurant, Pacific Home Appliances, Paradise Dental Spa, Pena House Boutique, Pizzeria Bar & Grill, Pokiyaki, Saipan Computer Services, Shirley's Cafe, Salty's, Summer Snow Cafe & Kids Corner cafe, Summit Auto Repair Shop, Surf Club, Residence Lodge, The Ohala Foundation Clothing, The Pacific Supply, The Shack, Time Creation Corp., Tinian Diamond Hotel, Tom Yum Restaurant, Tribe Marianas, and Triple J Motors.

NMC is in the introductory phase of rolling out the ProaPerks to alumni, students, and employees. For more information, visit marianas.edu/proaperks.

Companies and other interested organizations who would like to become part of the ProaPerks program and take advantage of the buying power of thousands of individuals that include NMC alumni, students, and employees, can find more information by emailing proaperks@marianas.edu. ***(PR)***

MVA Saipan's temporary office hours

The Marianas Visitors Authority Saipan office's temporary office hours through Dec. 31, 2021, are weekdays (except official holidays) from 8am to 12pm and from 1pm to 5pm. The office will be closed from 12pm to 1pm for lunch. For more information, call 664-3200 or email info@mymarianas.com. ***(PR)***

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Technical Assistance Grants now open to Insular Areas

The U.S. Department of the Interior's Office of Insular Affairs announced Friday that the applications for fiscal year 2022 funding under the Technical Assistance Program can now be submitted to Grants.Gov.

This funding is made available to support the U.S. territories of American Samoa, Guam, the Northern Mariana Islands, and the U.S. Virgin Islands, as well as the freely associated states—the Federated States of Micronesia, the Republic of the Marshall Islands, and the Republic of Palau.

"We look forward to supporting projects that address critical issues and needs in

» Climate change, energy, natural resources among top priorities

the Insular Areas and encourage all eligible grantees to apply for this round of fiscal year 2022 funding," said deputy assistant secretary Keone Nakoa. "We are especially interested in applications that address several of the Biden-Harris Administration's highest priorities related to climate change, energy production, natural resources, and health care."

Technical Assistance Program funding is available for short-term projects intended to meet the immediate needs of the Insular Areas. The top priorities for the Biden-Harris Administration include but are not limited to climate change (including food and water security), energy production, natural and cultural resources, health initiatives and health IT systems, public safety/emergencies, and invasive species management.

Other priorities for the Biden-Harris Administration include, but are not limited to: accountability, financial management, economic development, education, management control initiatives, disaster planning, capacity building, and information technology.

Other financial assistance programs such as the Maintenance Assistance Program, the Coral Reef and Natural Resource Initiative, and the Energizing Island Communities should be announced later this year or early next year.

Applications will be considered from insular government entities, educational institutions, or non-profit organizations whose grant proposals directly benefit the four U.S. territories or three freely associated states. More information about financial grant assistance may be found on the OIA website along with the specific TAP 2022 instructions.

To apply, visit grants.gov and use CFDA# 15.875. The deadline for submissions is April 1, 2022; however, it is highly recommended that applications be submitted as early as possible. Applications will be reviewed beginning May 2022 once OIA receives full-year appropriations. Applications related to public safety and emergencies will be reviewed in a timely manner, prior to the April deadline. ***(PR)***

Court seems reluctant to sweep Puerto Rico into SSI program

WASHINGTON (AP)—The Supreme Court appeared reluctant Tuesday to rule for a resident of Puerto Rico who claims it's unconstitutional to be excluded from a welfare program that's available in all 50 states and the District of Columbia.

The justices acknowledged that the differential treatment of Puerto Ricans might be problematic, but several suggested that it is up to Congress, not the courts, to act.

Justice Brett Kavanaugh said there are "compelling policy arguments" for including Puerto Rico in the Supplemental Security Income program, which provides benefits to older, disabled and blind Americans. But Kavanaugh said the court had to confront a provision of the Constitution that allows Congress to treat territories and states differently. The Caribbean island has been a U.S. territory since the Spanish American War in 1898.

Jose Luis Vaello-Madero, the Puerto Rico resident at the center of the case, began receiving SSI payments after he suffered a series of strokes while living in New York.

The payments continued to his bank account in New York even after he moved back to Puerto Rico. When he notified the Social Security Administration, the payments stopped and then the government sued to recover more than $28,000 it said he was not entitled to.

Lower courts sided with Vaello-Madero, ruling that the exclusion of Puerto Rico from the SSI program is unconstitutional. In a similar case in Guam, a federal judge ruled recently that residents of that Pacific island also should be able to collect SSI.

Justice Sonia Sotomayor, whose parents were born in Puerto Rico, was the clearest voice in favor of Vaello-Madero. Sotomayor said it seems irrational to treat poor Americans differently based on where they live.

"Needy is needy, whether in Puerto Rico or on the mainland," Sotomayor said.

Six missing mariners rescued off FSM

SANTA RITA, Guam—The U.S. Coast Guard, Federated States of Micronesia first responders, good Samaritans and the Navy rescued six mariners off the Mortlock Islands in Chuuk State last Thursday. The crew of the FSS *Micronesia* rescued the mariners, last seen on Nov. 3, and is currently transporting them back to the Oneop Atoll in Chuuk in the Federated States of Micronesia.

All six mariners were reported to be in stable condition.

"The combined efforts displayed by our partners in the Federated States of Micronesia resulted in the success of saving the six mariners and bringing them back to safety," said Cmdr. Greg Sickels, the Coast Guard Forces Micronesia - Sector Guam deputy commander. "These partnerships are paramount in the overall success of search and rescue missions in the Pacific."

At 9:17am, Nov 4, Coast Guard Forces Micronesia - Sector Guam watchstanders received a report from the Mayor's office on Oneop Atoll in Chuuk stating the 24-foot skiff with six people aboard was overdue.

Upon notification, FSM authorities deployed the crew of the FSS *Micronesia* while multiple Coast Guard assets were deployed with good Samaritans and a Navy P-8 Trident aircrew also joining in the search.

The Navy P-8 aircrew located the missing skiff approximately 40 nautical miles southeast of the Mortlock Islands, FSM, at which point the crew of the FSS *Micronesia* diverted their original route, arrived on scene, and rescued the six mariners at approximately 11:30pm Thursday.

Other involved in the search were two Air Station Barbers Point HC-130 Hercules aircrews; the crew of the Coast Guard cutter *Frederick Hatch*; the crew of the Coast Guard cutter *Sequoia*; a Navy P-8 Trident aircrew; a Caroline Islands Air aircrew; and local good Samaritans. ***(USCG)***

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Edward Untalan promoted to FHB EVP, Retail Banking Region manager for Guam and CNMI

HAGATNA, Guam—Edward Untalan has been promoted as First Hawaiian Bank's executive vice president and Retail Banking Region manager for the Guam and CNMI region.

Untalan

Untalan has over 34 years of banking and finance experience and is the very first executive vice president for the Guam and CNMI region, according to a news release Friday from FHB chairman, president, and chief executive officer Bob Harrison.

Untalan will be responsible for strategic business development and growth opportunities for the Maite, Dededo and Tamuning branches in Guam and the Gualo Rai and Oleai branches on Saipan.

Untalan joined FHB in 2004 as an assistant vice president/Business Banking officer and was shortly promoted to vice president and team leader where he led the business banking and commercial loan platform for the Maite branch. He was then appointed as the senior vice president and Maite Banking Center manager in December 2009, expanding his role to have oversight of the Guam and CNMI Auto Dealer Center. In 2016, Untalan was promoted to senior vice president/Guam-CNMI Region manager where he became responsible for all five branches within the region.

Untalan currently serves as vice chairman for the Guam Chamber of Commerce board of directors, chairman of the Cathedral Basilica Finance Council, and president of the Guam Bankers Association. He has also served in the St. Anthony Parish Finance Council, Guam International Airport Authority board of directors, Guam Community College board of trustees, Redemptoris Mater Archdiocesan Administrative Counsel, and Hurao Academy board of directors. ***(PR)***

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Opinion

Hafa Adai!
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INFLATION

What a house cat can teach us about cybersecurity

By HERBERT LIN
LOS ANGELES TIMES

The news today often contains reports about cybersecurity breaches that steal our data or threaten our national security. The nation spends billions of dollars on cybersecurity measures, and yet we seem unable to get ahead of this problem. Why are our computers so hard to protect?

Recent experience with a house cat provided insights into the nature of this problem. I am allergic to cats. My daughter came home, cat in hand, for an extended stay, and I had to find a way of confining Pounce to a limited area. However, as many cat parents would have known—though I did not—this was doomed to be a losing battle.

Everything that I tried to confine Pounce worked for a little while but eventually failed as he found a way past my newest security barrier—just as hackers eventually find their way through the cybersecurity barriers erected to stop them.

I have the advantage of unlimited material resources compared to those available to the cat—I am presumably smarter than a cat, I have greater manual dexterity, and I'm a higher mammal who knows how to use tools. So why did I lose this battle so decisively?

Here are some of the cybersecurity lessons that became clear from my ordeal.

■ To succeed against a determined attacker (Pounce was very determined), I have to be willing to go all in sooner rather than later. Even then, my victory may not be entirely decisive. But what certainly won't work is to deploy security measures that will minimally do the job because I am too lazy to do the full monty at the beginning.

■ Pounce has the advantage of unlimited time, and he tries until he succeeds. It may take a few days, but eventually he does. Moreover, Pounce only needs to succeed once to get out. Every one of my confinement measures needs to work to keep him confined.

■ Greater material resources and more intelligence do not necessarily overcome the huge advantage of Pounce's ability to make an unlimited number of attempts to circumvent my barriers. If he fails on any given attempt, he incurs no penalty (my daughter would be quite distressed if it did).

■ Pounce has a powerful protector (my daughter) whose wrath I am unwilling to confront for diplomatic reasons. Hackers operating out of foreign states often have the backing of those governments, even if they are nominally operating as free agents, and we may not have adequate leverage to persuade their protectors to take action.

■ My defensive measures succeeded completely until they didn't. That is, it looked like I was winning the battle to confine Pounce right up until the moment I saw Pounce outside the confinement area. And this happened repeatedly. So, I was often lulled into a false sense of security.

■ Being able to take Pounce's perspective would have helped me immensely in crafting appropriate defenses. But viewing the world from eyes at a 6-inch height from the floor

See CAT on Next Page

Mariana Islands and our Chamorro people, a veteran population like no other

RICK'S COLUMN
By RICK PEREZ
Special to the Saipan Tribune

Rick Perez used to serve in the U.S. military and has work experiences in public policy research and public affairs. He is passionate about national security and geopolitics and runs a newsletter called Guam Affairs *at guamaffairs.substack.com. For questions or comments, contact Perez at rickp7839@gmail.com.*

Veterans Day just passed. Many of our families and friends celebrated the event in a variety of ways that included informal holiday remembrances, going to Mass, visiting gravesites, placing wreaths, attending formal holiday events, or relaxing.

During this holiday we think about family members, those who have long passed, and those who have recently passed. We think about those injured and those killed-in-action and those who recently left the military. Thus, for so many Chamorro and Chamolinian families, Veterans Day is important.

The Deep Blue Ocean continent warrior class—the Chamorro people of the Marianas

Even though our Chamorro civilization in the Marianas holds a politically subordinated position and is collectively invisible throughout much of the American empire, no other community of American citizens quite meets, captures, and reflects the depth and breadth of our collective experience when it comes to wartime battlefield presence, participation, associations, and history tied to the profession of arms.

Our great grandparents, grandparents, parents, uncles, aunties, cousins, and friends have deep legacies connected to pre-war, wartime, and post-war environments, where the vast majority of Guam based Chamorro families were loyal to the United States. In the northern islands most of our Chamorro families before World War II were loyal to the Japanese because of Japan's control of the CNMI prior to the war.

Pacific Islanders have worn the colors of the American military empire as members of the Army, Air Force, Marine Corps, Navy, and Coast Guard, serving with honor and dignity. Many families, including this writer's family, claim two, three or more generations of military service. While this may be common throughout our Deep Blue Pacific Ocean civilization, it is not common, nor it is commonly seen throughout the American empire to the degree that it is seen in our island chain.

Military families, Gold Star families and more

Our Mariana Island chain is also home to the mothers, fathers, sons, daughters, wives, husbands, girlfriends, boyfriends, cousins, nieces, nephews, and friends of Chamorros and villagers who were killed in action, injured during war, or training for war.

We cannot and must not forget Gold Star families residing throughout the Marianas because their immediate loved ones died during war.

Are all Gold Star family members able to immediately access and utilize all resources available to Gold Star families living elsewhere? If not, why not?

Do the Air Force, Navy, Marine Corps, Army, Coast Guard and Guam Guard organizations have full-time Gold Star Family coordinators responsible for assisting immediate family members with grief counseling, financial counseling services and other services on a fulltime basis? If not, why not?

Is there an immediate need to have the Guam and CNMI Members of the U.S. Congress introduce authorizing legislation that will deliver full parity to all Gold Star families living throughout our island chain?

How is success and failure being measured in terms of care provided to our Gold Star families throughout the Marianas?

What resources are available to the family members of veterans who committed suicide? What enabling legislation is needed to help these families cope with the loss of loved ones?

Service record reviews for possible Medal of Honor ratings for our Chamorro warriors are needed now

To date, not one Chamorro veteran has ever been awarded the Medal of Honor. It remains unclear just how much effort Congress and the Pentagon have given to thoroughly reviewing the files of Chamorro warriors who fought in Vietnam, Iraq, Afghanistan, or other conflicts.

Has Congress recently sponsored legislation to ensure that military veterans of Chamorro ancestry have their files thoroughly reviewed for the Medal of Honor? If not, why not?

VA Regional Medical Center

Guam and the Mariana Islands remain without a comprehensive Veterans Administration Medical Center that provides full medical and mental health services to veterans living throughout the island chain and in the region.

If the Pentagon can spend billions to further militarize our ancient Mariana Islands chain, they can also spend a couple of billion dollars identifying, designing, planning for, and constructing a full-blown VA Regional Medical Center in the Marianas.

It would be a great project that would generate jobs and it would satisfy the pledge that the American national government made to all service members that they would be fully cared for

See MARIANA on Next Page

EDITORIAL POLICY Letters to the editor must include the NAME, VILLAGE ADDRESS, and CONTACT NUMBER of the contributor. Letters that do not have these information will immediately be trashed. Contributions consisting of 500 words or less have more chances of getting published. The *Saipan Tribune* reserves the right to publish a contribution or not; the right to edit submissions for length, accuracy, and clarity; and the right to publish and distribute contributions in print, electronic, or other media formats. Submissions may be sent via snail mail to the 2nd Floor, JP Center, Beach Road, Garapan, Saipan, 96950; fax (670) 235-3740; e-mail to editor@saipantribune.com; or through our website at www.saipantribune.com.

A tribute to Bob

By LANNIE WALKER
SPECIAL TO THE SAIPAN TRIBUNE

The first time I heard Bob's voice I sat on the back stoop of my sister's house in Atlanta, cell phone pressed to my ear. I hoped a kid or two didn't bust through the door and interrupt my interview with the news director at a TV station on an island named Saipan I had only googled for the first time a few weeks prior.

Bob was easy-going and inquisitive. Soon the call felt more like a conversation with a friend than a formal job interview. Eager to land the position I told him I could report on anything—even sports (which I really knew little about.)

"I cover sports," he said a bit dryly.

And so he did, for many years before I came to sit next to him at the KSPN studio and for many years after.

Although it was technically work, I knew Bob loved what he did. He talked about the players with insight and compassion that came from watching many of them grow from little league to varsity.

He was proud of the CNMI in general and of CNMI sports in particular. Bob always had an extra pep in his step when he got to take his mark in front of the camera and announce a new win or tournament placement abroad for a CNMI team.

As a news director Bob took efforts to be fair. He never assigned stories based on a personal agenda or a quest to make someone look bad. He agonized over the hard stories, sincerely caring if we got it right.

"Why do I need a cellphone? I'm either at home, a game, or Winchell's," he said jokingly when I asked why he didn't have one.

It was a few days after I arrived on island in the fall of 2007, and it seemed to me a news director should have a cellphone.

Bob Coldeen and Lannie Walker briefly pose for a picture on election night in November 2009 at the KSPN studio in Susupe.
CONTRIBUTED PHOTO

Reluctantly Bob fired up his work-issued flip-top cell phone and soon mastered the skill of texting.

With one or two snags.

"I got your message this weekend," he told me one Monday morning.

"Oh really? I didn't text you though," I said.

I looked at his phone. The text had come from the then-governors then-press secretary. The message invited him to cover an event at the governor's conference room that morning.

Bob, thinking it was me, had replied, "Yes, ma'am."

The press secretary at the time was a man.

This was just one of the many times Bob and I shared a good laugh. Though he was serious about work Bob always brought a bit of levity to the newsroom and a lot of knowledge.

Having been on Saipan, according to him since dirt, Bob knew just about everybody and a great deal of CNMI history. Oftentimes if was easier to lean over and ask Bob who had been governor in a certain year or when a certain CNMI personality had passed than look it up online.

Many reporters came through the doors while Bob served as news director/the Sports Department. He always helped new reporters learn the ropes of the island and he diligently drew many a map to guide us to countless assignments.

In just a few months I had a stack of Bob's maps that I joked we could turn into a book and sell to tourists.

But as much as Bob enjoyed the news and sports, I knew nothing compared to his greatest love: his family.

During commercial breaks, downtime in the newsroom, beach barbecues, and croquet tournaments at his house, I learned a lot about Bob's life and family.

I learned about how he had a lifelong passion for sport and music (mostly rock), and how he had moved to the region as a young man in the Peace Corps.

I learned about how he met his wife in Chuuk (Truk) started a family and later moved to Rota (Luta) then Saipan.

His wife and kids, and later grandkids were always his priority and greatest joy.

The CNMI was lucky to have Bob document decades of sports history on the island and his family is now lucky to have more time to spend with him.

Enjoy you next adventure Bob, you got this.

Lannie Walker is a former CNMI journalist who held the position of news director, anchor and reporter at KSPN2 News. Lannie also reported on Guam for KUAM and The Guam Daily Post. She now lives in Miami, FL with her family, including her daughter Ocean who was born on Saipan.

Thanks and More at the Quarantine Door

These sonnets signal my return to the CNMI and giving of thanks for a safe return home. I›m on a five-day quarantine and appreciate all that the CNMI is doing to make the islands safe. It has been wonderful to see so many of my former students working on the COVID-19 prevention teams at the airport and here at Kanoa Resort. Thank you to everyone concerned. Happy Thanksgiving todu taotao CNMI!

Thanks, No Thanks, Drawing Blanks

I have much to be thankful for as I grow old
and more to come in this beautiful universe
some things get no thanks as I reach eternal cold
forgotten as my short term memory grows worse

joy watching children learn to walk up and down stairs
no thanks to the grouchy guy objecting to my
wife planting flowers; I love her long silver white hairs
thanks to gazing at the moon after evening showers

I remember my sisters birthday not my own
emailing my 86 year old French teacher
chat with her 56 years later on a cell phone
told her how much she taught me when I reach her

thankful my long term memory is doing well
giving thanks that only passing time will tell.

Thanks Giving to Continued Living

thanks, learning how to swim in a public swimming pool
no thanks for the snowball shoved down the back of my shirt
remembering friends' jokes from middle and high school
fun as a young boy playing in mud puddles and dirt

for my former students married in church today
a small rainbow at low tide on Kanoa Beach
seeing friendly smiles when someone says *Hafa Adai*
workers at SPN airport quarantine I used to teach

for my youngest sister's homemade blueberry pies
my oldest brother's kids canning moose and fish
brother Peter's jokes always ending with surprise
my mother's wonderful cooking on every dish

giving thanks daily not just one time every year
a prayer of thanks for food and those I hold dear.

Thanks and more Out the Quarantine Door

Remember Beatle John Lennon's song *Isolation?*
it's been an earworm since I entered quarantine
I was quarantined on 10/2021 in another location
the house where I grew up was the tranquil scene
two flights to upstate NY to visit my ailing brother

LITERARY NOOK

By JOEY 'PEPE BATBON' CONNOLLY
Special to the Saipan Tribune

Joey aka Pepe Batbon Connolly is a retired educator who taught in the CNMI, NOLA, and LVNV. He is a sonnet practitioner who enjoys stargazing.

MARIANA

From Page 8

after serving their country.

Retiree access to benefits must be complete and unrestricted

Military veterans who retired from service need to be given full and unlimited access to all military base facilities, educational benefits, medical care benefits, monetary benefits and all other benefits that are afforded retired general officers who live near major medical facilities like the National Naval Medical Center in Bethesda, Maryland. Our Chamorro military veteran retirees live in an underserved and remotely located area of the world in relation to the continental U.S.

Has Congress recently enacted legislation that would extend the same complete suite of benefits given to powerful retired general officer types living in Washington, D.C. to military veteran retirees living throughout the Mariana Islands? If not, why not?

CAT

From Page 8

would have been very difficult for me, and so I didn't do it. He thus saw ways of circumventing or destroying my defensive measures that I did not see.

■ Manipulating people can be more powerful than any technical defenses—what in the cybersecurity world is called social engineering. When Pounce mews plaintively and looks into my daughter's eyes, my daughter just opens the door to the confinement area and he walks out. My daughter may have agreed to help me keep Pounce confined, but he was often successful in turning her loyalties. In cybersecurity lingo, my daughter was a "trusted insider" that went rogue.

In the end, I "won" the battle when my daughter moved out, taking Pounce with her. There, too, is an important cybersecurity lesson: Without a computer to be compromised, cyberattacks are not feasible, so don't use computers when they are not necessary. My toothbrush and refrigerator work just fine without high-tech communications capabilities, thank you, and I would really prefer not to incur any more cybersecurity risks.

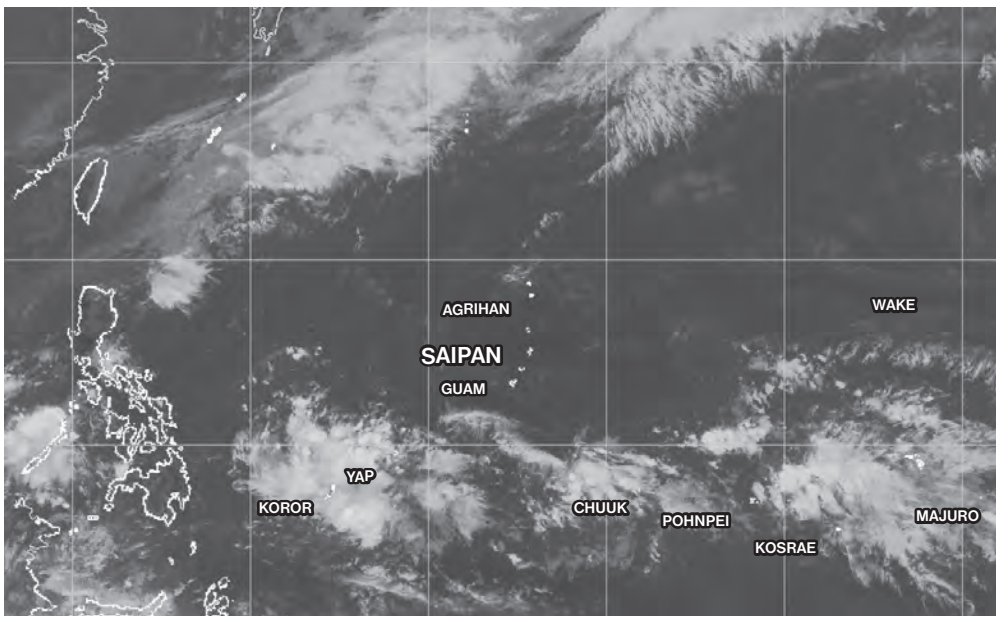
Herbert Lin is a senior research scholar and the Hank J. Holland Fellow for cyber policy and security at Stanford University and the author of Cyber Threats and Nuclear Weapons.

The Weather

5-DAY FORECAST FOR SAIPAN AND TINIAN

TODAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mostly cloudy with showers likely and a chance of thunderstorms. East winds 15 to 20 mph.	Mostly cloudy with showers likely and a chance of thunderstorms.	Mostly cloudy with scattered showers and isolated thunderstorms.	Partly cloudy with isolated showers and thunderstorms.	Partly cloudy with isolated showers and thunderstorms.
87° 77°	87° 77°	87° 77°	87° 77°	87° 77°

YESTERDAY'S SATELLITE IMAGE



PICTURE TIME: 8:14 AM, SUNDAY, NOVEMBER 14, 2021

Western North Pacific between equator and 25N from 130E to 180.

East trade-winds and a few showers were over the Marianas this morning. The relatively dry weather will continue another day. A surface trough will bring wet weather Monday night through Wednesday night.

Satellite image and accompanying information are provided by the National Weather Service. For an updated weather forecast, visit the National Weather Service Guam homepage: www.prh.noaa.gov/guam/

MICRONESIA		▲ ▼ °F
Guam and Rota	Thunderstorms	86° / 79°
Palau	Thunderstorms	84° / 78°
Yap	Thunderstorms	84° / 79°
Chuuk	Thunderstorms	87° / 80°
Pohnpei	Thunderstorms	86° / 78°
Kosrae	Thunderstorms	86° / 78°
Majuro	Thunderstorms	85° / 80°

DAY	SUNRISE	SUNSET
Today	6:18 AM	5:44 PM
Tuesday	6:19 AM	5:44 PM
Wednesday	6:19 AM	5:44 PM
Thursday	6:20 AM	5:44 PM
Friday	6:20 AM	5:43 PM

DAY	MOONRISE	MOONSET	MOONRISE
Today	-	2:45 AM	3:13 PM
Tuesday	-	3:33 AM	3:48 PM
Wednesday	-	4:21 AM	4:23 PM
Thursday	-	5:09 AM	5:00 PM
Friday	-	5:57 AM	5:39 PM

AROUND THE GLOBE		▲ ▼ °F
Auckland	Showers	64° / 57°
Beijing	Sunny	46° / 25°
Hong Kong	Partly Cloudy	79° / 72°
Honolulu	Partly Cloudy	83° / 73°
London	Cloudy	54° / 48°
Los Angeles	Partly Cloudy	76° / 57°
Manila	Partly Cloudy	90° / 77°
Melbourne	Partly Cloudy	84° / 59°
Miami	Partly Cloudy	80° / 72°
New York	Mostly Sunny	49° / 39°
Osaka	Partly Cloudy	59° / 45°
Paris	Mostly Sunny	50° / 41°
Busan	Partly Cloudy	63° / 39°
Rome	Partly Cloudy	61° / 48°
Salem	Sunny	66° / 42°
San Francisco	Partly Cloudy	58° / 50°
Seoul	Mostly Sunny	43° / 25°
Tokyo	Cloudy	59° / 46°
Washington, DC	Partly Cloudy	52° / 36°

TIDES: SAIPAN HARBOR TODAY		FEET
4:59 AM	High Tide	1.35
10:57 AM	Low Tide	0.40
5:24 PM	High Tide	1.78
-	-	-

STOP THE SPREAD

The Governor's COVID-19 Task Force and Commonwealth Healthcare Corp. continue to encourage residents within the Marianas to practice social distancing, which means avoiding close contact with people in order to avoid catching the virus yourself and to avoid passing it on to others.

■ Stay home as much as possible. Avoid unnecessary travel or public places.

■ Avoid social gatherings in groups of more than 10.

■ Choose drive-thru, take-out, or delivery options, or outdoor seating, if available, when dining in.

■ Send only one healthy adult from the household run necessary errands, such as getting groceries or picking up medications. Leave children, elderly, and other vulnerable people at home as much as possible. When returning home from an errand, wash your hands before doing anything else.

■ Older adults and people with chronic medical conditions are at higher risk of getting very sick from this illness. People at high risk should stay at home as much as possible.

■ Create a household plan of action, https://www.cdc.gov/coronavirus/2019-ncov/prepare/checklisthousehold-ready.html

■ Ensure a 30-day supply of all medicines.

Continue good hand hygiene

■ Wash your hands for at least 20 seconds with soap and water, avoid touching your face, cover coughs and sneezes with a tissue or your sleeve.

■ Use an alcohol-based hand sanitizer if soap and water are not readily available.

Know the signs and symptoms of COVID-19 and what to do if you become symptomatic

■ Stay home when you are sick and if you recently traveled to a place with COVID-19. Self-quarantine means:

• Choosing a room in your house that can be used to separate sick household members from others.

• Washing your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.

• Avoiding touching your eyes, nose, and mouth with unwashed hands.

• Limiting visitors

CHCC appreciates the patience and understanding of the community at this time. To obtain general information about the CNMI COVID-19 response, contact the Governor's COVID-19 Task Force Hotline at 287-0046, 287-0489, 287-1089. These numbers are available Monday to Sunday, 7:30am - 4:30pm.

For medical information about COVID-19, reach out to the COVID-19 Infoline at the following numbers: 285-1672/1352. These numbers are available Monday to Friday, 7:30am - 4:30pm.

For mental health support and helpful tips during a crisis, call the Mental Health Support Line at 285-1856, 323-6560, 323-6561 These numbers are available Monday to Friday, 7:30am - 4:30 pm. For the 24/7 Disaster Distress Helpline, call SAMSHA at 1-800-985-5990.

For more information about DIY face coverings, visit https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html

For more information about CHCC programs, follow CHCC on Facebook, Instagram, Twitter at @cnmichcc, check out our website at www.chcc.gov.mp or call us at (670) 234-8950.

For more information on the Governor's COVID-19 Task Force, visit www.governor.gov.mpand, follow @GovernorCNMI on Facebook, Instagram, and Twitter.

This health advisory may be found online at http://www.chcc.gov.mp/pressrelease.html and at www.governor.gov.mp/covid-19.

Rumor control

During crises like this, oftentimes the spread of misinformation is just as dangerous as the virus itself. The CNMI is reminded to only share official and verified notices, press releases, and advisories from the Governor's COVID-19 Task Force and CHCC.

Source: Office of the Governor

NEWS DESK For news tips, corrections and requests for news coverage, call (670) 235-NEWS (6397), 235-2440, fax 235,3740. E-mail: editor@saipantribune.com. Website:www.saipantribune.com.

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ADVERTISING For inquiries contact (670) 235-2769.
E-mail: sales@saipantribune.com

FLIGHT SCHEDULE AS OF OCTOBER 28, 2021

DEPARTURES

SAIPAN-GUAM (GUM)

UA117	7:20am	8:05am	2, 4, 6
UA117	9:50am	10:35am	1, 3, 5, 7

GUAM-MANILA (MNL)

UA183	8:00pm	9:50pm	Daily

SAIPAN-MANILA (MNL)

UA117/183	7:20am	9:50pm	2, 4, 6 via Guam
UA117/183	9:50am	9:50pm	1, 3, 5, 7 via Guam

SAIPAN-INCHEON (ICN)

7C3406	3:10PM	6:55PM	6
TW9308	3:20PM	8:00PM	4
OZ6243	4:00PM	7:40PM	6

ARRIVALS

GUAM (GUM)-SAIPAN

UA116	5:30am	6:16am	2, 4, 6
UA174	8:00am	8:46am	1, 3, 5, 7

MANILA (MNL)-GUAM

UA184	10:40pm	4:30am+1	2, 5
UA184	10:55pm	4:45am+1	1, 3, 4, 6, 7

MANILA (MNL)-SAIPAN

UA184/174	10:40pm	6:16am+1	5 via Guam
UA184/174	10:40pm	8:46am+1	2 via Guam
UA184/174	10:55pm	6:16am+1	1, 3 via Guam
UA184/174	10:55pm	8:46am+1	4, 6, 7 via Guam

INCHEON (ICN)-SAIPAN

7C3405	8:30AM	2:10PM	6
OZ6233	9:00AM	2:30PM	6
TW9307	10:00AM	2:20PM	4

LEGEND: Days: Monday (1), Tuesday (2), Wednesday (3), Thursday (4), Friday (5), Saturday (6) and Sunday (7); UA United Airlines • ETD: Estimated Time of Departure; ETA: Estimated Time of Arrival. *(The Saipan Tribune is not responsible for any changes in the schedule.)*

STAR MARIANAS AIR, INC.

FLIGHT SCHEDULE AS OF MAY 18, 2021

SAIPAN TO ROTA

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
1301	8:30AM	9:00AM	Daily
1302	11:00AM	11:30AM	Daily
1303	1:30PM	2:00PM	Tues/Wed/Thurs/Fri
1304	3:30PM	4:00PM	Daily

ROTA TO SAIPAN

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
3101	9:30AM	10:00AM	Daily
3102	12:00AM	12:30AM	Daily
3103	1:30PM	3:00PM	Tues/Wed/Thurs/Fri
3104	4:30PM	5:00PM	Daily

ROTA TO GUAM

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
3401	12:15	12:45	Temporarily Unavailable

GUAM TO ROTA

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
4301	13:00	13:30	Temporarily Unavailable

SAIPAN TO TINIAN

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
1201	7:00	7:15	Temporarily Unavailable
1202	8:00	8:15	Daily
1203	9:00	9:15	Daily
1204	10:00	10:15	Daily
1205	11:00	11:15	Daily
1206	12:00	12:15	Temporarily Unavailable
1207	13:00	13:15	Temporarily Unavailable
1208	14:00	14:15	Daily
1209	15:00	15:15	Daily
1210	16:00	16:15	Daily
1211	17:00	17:15	Daily
1212	17:00	17:15	Temporarily Unavailable

TINIAN TO SAIPAN

FLIGHT #	DEPARTURE	ARRIVAL	FREQUENCY
2101	7:30	7:45	Temporarily Unavailable
2102	8:30	8:45	Daily
2103	9:30	9:45	Daily
2104	10:30	10:45	Daily
2105	11:30	11:45	Daily
2106	12:30	12:45	Temporarily Unavailable
2107	13:30	13:45	Temporarily Unavailable
2108	14:30	14:45	Daily
2109	15:30	15:45	Daily
2110	16:30	16:45	Daily
2111	17:30	17:45	Daily
2112	18:30	18:45	Temporarily Unavailable

Business

Camacho

Ahn

New hires at Triple J Saipan

Triple J Saipan, Inc. announced Friday the recent hire of Fred Camacho as business development manager and Keith Ahn as the manager for Saipan Surfrider Hotel.

As business development manager for the group, Camacho will assist in the overall coordination of Triple J's development projects on Saipan and Tinian, building and nurturing relationships as liaison with project vendors and government agencies, and coordinating processes that help the group achieve its goals. Camacho will assist with project permitting, development studies, feasibility analyses, and planning. Camacho has a wealth of experience and strong background in project development and management, having held previous positions such as senior project manager for N15 Architecture Company, Inc. and, most recently, compliance manager for the Northern Mariana Housing Corp.'s Community Development Block Grant Disaster Recovery Program. Camacho has a bachelor's degree in Elementary Education, associate degree in Criminal Justice and is a U.S. Army veteran.

As Saipan Surfrider Hotel manager, Ahn will handle the day-to-day operations of Saipan's premier 51-room beach resort hotel. Prior to joining Triple J, Ahn, who has worked in the hospitality industry for over two decades, studied Hotel and Casino Management at Community College Southern Nevada, and held positions with Mandalay Bay Hotel & Casino Resort (MGM Group) Las Vegas, Galaxy Macau Hotel Casino Resorts, IPI Resort and Casino and Grandvrio (formerly Hafa Ada Hotel). Engaging with our key tourism markets, such as Korea, is a key focus for Ahn and the hotel, and he will play an active part in promoting Saipan Surfrider as a tourist and business destination.

"We are excited to have both Fred and Keith join Triple J Saipan, Inc. Both bring a depth of knowledge within a number of the group's focus industries and growth initiatives and will be great additions to our team," said Jeff Jones, president, Triple J Enterprises, Inc. ***(PR)***

IN THE SUPERIOR COURT OF THE COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS

Frankie K. Manalo (Name of Father)
Y.K.K
J.J.K (Name of Children)
Plaintiffs,
Vs.
Marakita Kanistus (Name of Mother)
Defendant

FCD PA CIVIL ACTION NO. 21-0395

SUMMONS FOR PUBLICATION

TO THE ABOVE-NAMED DEFENDANT:

YOU ARE HEREBY SUMMONED and notified to file any answer you wish to make to the Complaint, a copy of which is on file with the Court, within thirty (30) days after service of the Summons upon you, and to deliver or mail a copy of your answer to the Plaintiff whose address is P.O. Box 503704 CK Saipan, MP 96950 as soon as practical after filing your answer or sending it to the Clerk of Courts for filing.

Your answer should be in writing and filed with the Clerk of this Court at Susupe, Saipan, MP 96950. It may be prepared for you by your counsel and sent to the Clerk of this Court by messenger or Mail. It is not necessary for you to appear personally until further notice. If you fail to file and answer in accordance with this Summons, Judgement by Default may be taken against you for relief in the Complaint.

Dated this 16th day of September, 2021.

/s/ Clerk of Court

NOTICE OF INTENT TO FILE WITHDRAWAL AND DISSOLUTION

Please take notice that Bestow Life Insurance Company (f/k/a Centurion Life Insurance Company) intends to file an application for withdrawal of its Certificate of Authority with the Insurance Section of the CNMI Department of Commerce and for a Certificate of Withdrawal from the CNMI Registrar of Corporations anytime after this notice is made.

Anyone with a claim against Bestow Life Insurance Company is requested to submit it in accordance with the following:
1. The claim shall be made in writing and shall state the name of the claimant, the amount of the claim, the factual basis for the claim, and the name, mailing address, email address, and telephone number of the person who may be contacted by the corporation with respect to the claim.
2. The claim may be sent to: legal@bestow.com
3. A claim against Bestow Life Insurance Company will be barred unless a processing to enforce the claim is commenced within five years after the publication of the notice.

BESTOW LIFE INSURANCE COMPANY

COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS
NORTHERN MARIANAS HOUSING CORPORATION
P.O. BOX 500514, Saipan, MP 96950-0514
Email: nmhc@nmhc.gov.mp | Website: http://www.nmhcgov.net

PUBLIC NOTICE

11/08/2021
This Notice is paid by NMHC with HUD funds.

NOTICE OF FINDING OF NO SIGNIFICANT IMPACT AND NOTICE OF INTENT TO REQUEST A RELEASE OF FUNDS

Government of the Commonwealth of the Northern Mariana Islands
Northern Marianas Housing Corporation
Saipan, MP 96950 Tel: (670) 234-9447/6866

This notice shall satisfy the above-cited two separate but related procedural notification requirements.

REQUEST FOR RELEASE OF FUNDS

On or after November 23, 2021, the Government of the Commonwealth of the Northern Mariana Islands will submit a request to the U.S. Department of Housing and Urban Development, Washington D.C., for the release of Community Development Block Grant Disaster Recovery (CDBG-DR) Supplemental Appropriations for Disaster Relief Act, 2019 P.L. 116-20, enacted on January 27, 2020, announced via Federal Register Notice, to undertake the following activity and purposes in Saipan, Commonwealth of the Northern Mariana Islands:

Project Activity/Type:
Beach Road Repair and Improvement from Monsignor Guerrero Road Intersection to Micro Beach Road/AMP Route 33 Phase III and Phase IV Project.

The proposed road improvement and drainage project is located from Atkins Kroll Toyota or Monsignor Guerrero Road intersection to Micro Beach Road/American Memorial Park (AMP) located on the island of Saipan from San Jose Village to Garapan Village. The project is essentially a resurfacing project. The project involves removing existing asphalt pavement, evaluate the condition of existing base coarse. If the base coarse is structurally sound, it will be shaved (graded), compacted and asphalt paved. The timeline for the project's construction phase is 8 months. To further streamline traffic flow and lessen congestion there is an ongoing project for installation of traffic light on Quartermaster intersection. This project benefits the entire Saipan community, especially for residents and businesses that reside and operate near the road. The safe roads will minimize accidents; allows for smoother and reliable commutes between north and south of the island and other critical facilities such as the island's main hospital.

Purpose:
The Northern Marianas Housing Corporation (NMHC) recognizes the requirements provided under 83 FR 40314 but firmly believes that the eligible activities under CDBG-DR Infrastructure Program are permissible and thereby asserts that the Department of Public Works (DPW) is an essential component that support low-income to low-moderate income families who will live in reconstructed/rehabilitate/newly constructed homes. The low-income to low-moderate income families use this stretch of road. Consequently, NMHC finds an immediate urgency to fund DPW's unmet public infrastructure needs; specifically, this road improvement project and for the ensuing reasons.

Location:
Beach Road from Monsignor Guerrero Road Intersection to Micro Beach Road/AMP, Saipan MP 96950

Total Project Cost:
$10,000,000.00 of CDBG-DR funds is allocated to this project combined with Federal Highway funds in the amount of $26,603,695.00 (Federal Highway funds is allocated to road improvements from the Pakpak Beach to As-Perdido Intersection/As-Perdido Intersection to AK Toyota). Total Project Cost: $36,603,695.00

FINDING OF NO SIGNIFICANT IMPACT

The Government of the Commonwealth of the Northern Mariana Islands has determined that the above-listed projects will have no significant impact on the human environment. Therefore, an Environmental Impact Statement under the National Environmental Policy Act of 1969 (NEPA) is not required. Additional project information is contained in the Environmental Review Record (ERR) and is ready for public viewing on the Northern Marianas Housing Corporation (NMHC) website at www.nmhcgov.net or www.cnmi-cdbgdr.com; or you may visit the on file at the NMHC Central Office in Garapan, Saipan or NMHC CDBG-DR Office in Beach Road Chalan Laulau, Saipanamined during regular work hours, Monday through Friday except CNMI Holidays, from 7:30 A.M. to 4:30 P.M

PUBLIC COMMENTS

Any individual, group or agency disagreeing with this determination or wishing to comment on the project may submit written comments to the Northern Marianas Housing Corporation. You may submit comments from the following options: Via mail to P.O. Box 500514, Saipan, MP 96950; Direct delivery to the central office in **Garapan**, Saipan or drop-box located in front of the building; and Via email at nmhc@nmhc.gov.mp. All comments received by **November 23, 2021, 4:00 p.m.,** will be considered by the Government of the Commonwealth of the Northern Mariana Islands prior to authorizing submission of a request for release of funds. Commentors should specify which part of this Notice they are addressing.

RELEASE OF FUNDS

The Government of the Commonwealth of the Northern Mariana Islands certifies to the U. S. Department of Housing and Urban Development (HUD), Washington D.C. that the Government of the Commonwealth of the Northern Mariana Islands and Governor Ralph DLG. Torres consent to accept the jurisdiction of the Federal Courts if an action is brought to enforce responsibilities in relation to the environmental review process, and that these responsibilities have been satisfied. The U. S. Department of Housing and Urban Development (HUD), Washington D.C. acceptance of the certification satisfies its responsibilities under the National Environmental Policy Act of 1969 and related laws and authorities, and allows the Government of the Northern Mariana Islands to use Program Funds.

OBJECTION TO RELEASE OF FUNDS

The U. S. Department of Housing and Urban Development (HUD) Washington D.C. will accept objections to its release of funds and the Government of the Northern Mariana Islands certification for a period of fifteen days following anticipated submission date or its actual receipt of the request (whichever is later) only if it is on one of the following bases: (a) the certification was not executed by the Certifying Officer of the Government of the Northern Mariana Islands; (b) the Government of the Northern Mariana Islands has omitted a step or failed to make a decision or finding required by the U. S. Department of Housing and Urban Development regulations at 24 CFR Part 58; (c) the grant recipient has incurred cost not authorized by 24 CFR Part 58 before approval of the release of funds by the U. S. Department of Housing and Urban Development; or (d) another Federal agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality. Objections must be prepared and submitted in accordance with the required procedures of 24 CFR Part 58 and shall be addressed to Ms. Tennille Smith Parker, DRSI Division Director, HUD, via email at Tennille.S.Parker@hud.gov ; Tel: (202)402-4649. Potential objectors should contact the U.S. Department of Housing and Urban Development to verify the actual last day of the objection period.

/s/
Ralph DLG Torres
Governor, CNMI

"NMHC is an equal employment and fair housing public agency"

Commonwealth Utilities Corporation

INVITATION FOR BIDS
CUC-IFB-22-003

SUPPLY AND DELIVERY OF BUCKET TRUCKS AND TRUCK CRANE

The Office of the Executive Director for the Commonwealth Utilities Corporation (CUC) is soliciting competitive sealed bids for the supply and delivery of six bucket trucks and one 30ton truck crane for the CUC Power Distribution in Saipan, Tinian and Rota, Commonwealth of the Northern Mariana Islands.

This project is funded from the United states Department of the Interior (USDOIA).

Prospective Bidders must pre-register with the CUC Procurement & Supply Division. The Bid Package may be obtained from the CUC Procurement and Supply Office, 3rd Floor, Room No. 3, Joeten Dandan Commercial Building, Saipan, between 7:30 a.m. to 11:30 a.m. and 12:30 p.m. to 4:00 p.m., Monday through Friday, except on government observed holidays, upon completion of registration and presentation of a receipt evidencing a non-refundable payment to the CUC Treasury Section, by cash, check or credit card in the amount of $100.00 (non-refundable) for one IFB package set.

One (1) original and Five (5) hard copies must be submitted in a sealed envelope marked *"CUC-IFB-22-003, Supply and Delivery of Bucket Trucks and Truck Crane)"* to the CUC Procurement & Supply Office, 3rd Floor, Room No. 3, Joeten Dandan Commercial Building, P.O. Box 501220, Saipan, MP 96950, **no later than 10:00 AM (ChST) on December 6, 2021** at which time they will be publicly opened and read aloud. Bids mailed via postal or courier service must be received on or before due date and time or post-marked before submission deadline. Late submissions and conditional offers will not be considered.

A Bid Guarantee of fifteen (15%) percent of the total bid price must accompany the bids. The security deposit may be in cash, certified check, cashier's check, or bid bond executed by a surety company holding a certificate of authority from the United States Secretary of Treasury as an acceptable surety. Surety Company must be authorized to do business in the Commonwealth of the Northern Mariana Islands.

All insurers' questions, concerns and qualification should be handled by the Department of Commerce Office of the Insurance Commissioner (OIC). The OIC is tasked with regulating and monitoring compliance to the CNMI's Insurance Code (Title 4, Division 7). *Bidders are required to submit a clearance from the OIC certifying their insurer of choice is in compliance with the CNMI's Insurance Code.*

All bidders are advised that CUC assumes no responsibility in any act of omission on the part of the bidders due to lack of information or understanding of the bid requirements in the course of Contractor's preparation of a bid or supply under the contract. The IFB does not commit CUC to award a contract, to pay any cost incurred in the preparation of the bid under this request, or to procure or contract for goods. This bid and the ensuing contract shall be executed as per the CUC Procurement Regulations.

Questions or requests for clarification will be entertained only from registered Proponents and must be submitted in writing **no later than 10:00 AM (ChST) on November 12, 2021**, to Manny B. Sablan, CUC Purchasing Administrator, via email manny.sablan@cucgov.org with a copy to Lee Lieto, CUC Power Division Manager via email lee.lieto@cucgov.org, and Adrian Reyes, CUC Power Division Engineer at email adrian.reyes@cucgov.org and Marcela Tenorio at marcela.tenorio@cucgov.org.

CUC reserves the right to reject any or all bids for any reason and waive any defects in the said bids, if in its sole opinion, to do so would be in the best interest of CUC. All bids submitted shall become the property of CUC.

GARY P. CAMACHO
Executive Director

MANNY BOYER SABLAN
Purchasing Administrator

Commonwealth Utilities Corporation

JOB VACANCY ANNOUNCEMENT

JVA No. 22 – 021

Opening Date: November 1, 2021
Closing Date: November 16, 2021

POSITION TITLE:	**Trades Technician**
DEPARTMENT:	**Rota Water Division**
LOCATION:	**Rota, Northern Marianas Islands, USA**
ANNUAL SALARY:	**$20,826.00 - $28,115.00 per annum, Non-Exempt**
CONTRACT:	**Not Contracted**
POSITION(S):	**One (1)**

The incumbent will be under the direct supervision of the Drinking Water & Wastewater Division Manager or his/her designee.

Duties:

- Performs maintenance, operations, installations and/or repairs in assigned area of responsibility.
- Provides technical guidance regarding assigned functions; and ensures quality service levels in accordance with proper procedures.
- Provides assistance in monitoring regulatory compliance.
- Operates specialized and heavy equipment; performs maintenance activities and skilled repairs to equipment, infrastructure and/or other items of assigned area of responsibility.
- Identifies issues and operational concerns; performs inspections; provides troubleshooting; evaluates corrective measures or options; recommends and implements solutions and corrective actions.
- Receives customer inquiries and trouble calls; responds to requests and provides information or status updates.
- Monitors inventory and supplies; maintains required supply levels; initiates requests for the replenishment of materials and supplies; cleans, organizes and maintains work and supply areas.
- akes readings of equipment; maintains records, logs, orders and data; and prepares reports.
- Performs other duties of a similar nature and level as assigned.

Minimum Requirements:
Education: High School Diploma/GED or ABE Program AS and four (4) years of experience related to area of assignment. Knowledge of: Applicable Federal, Commonwealth and local laws, codes, regulations and/or ordinances (based on assignment); Customer service principles; Basic Mathematical concepts; Safety procedures and safe work practices; Modern office technology. Skills in: Interpreting and applying applicable laws, codes, regulations and standards (based on assignment); Performing skilled maintenance, operations and repair work in assigned area; Reviewing of quality levels and providing technical guidance in assigned area; Operating specialized and heavy equipment; Monitoring equipment and making adjustments; Performing inspections and identifying issues; Troubleshooting issues and recommending or implementing solutions; Receiving requests and trouble calls and providing assistance; Monitoring inventory and supplies; Initiating supply requests; Taking equipment readings and maintaining reading data; Preparing and updating activity logs and status reports; Utilizing a computer and relevant software applications; Utilizing communication and interpersonal skills as applied to interaction with coworkers, supervisor, the general public, and others to sufficiently exchange or convey information and to receive work direction.

Licensing/Certification:
o Valid U.S. Driver's License with appropriate class;
o Trades Licenses and/or Certifications, based on assignment;
o Water/Wastewater Treatment and Distribution Certifications, based on assignment

All applicants may be tested and all applicants are subject to pre-employment drug test.

How to Apply: Submit a completed CUC Employment Application, resume, and applicable supporting documents to the CUC Human Resources office located on the 3rd Floor of the Joeten Dandan Building on Saipan, Monday through Friday 7:30 am – 4:30 pm (Except Legal Holidays). Applicants on the island of Tinian and Rota may submit their documents to their respective CUC Administration office. Application, resume and supporting documents can also be e-mailed to: employment.applications@cucgov.org

P. O. Box 501220, Third Floor, Joeten Dandan Building, Saipan, MP 96950
Tel: (670) 664-4282 • Fax: (670) 235-5131
CUC is an Equal Opportunity Provider and Employer.

Commonwealth Utilities Corporation

REQUEST FOR PROPOSALS
CUC-RFP-22-004

SUPPLY & DELIVERY OF ENGINE LUBE OILS FOR POWER GENERATION

The Office of the Executive Director for the Commonwealth Utilities Corporation (CUC) is soliciting competitive sealed proposals from qualified firms for the supply and delivery of engine lubricating oils for CUC Power Generation facilities on Saipan and Rota.

The RFP Package may be obtained from the CUC Procurement and Supply Office, 3rd Floor, Room No. 3, Joeten Dandan Commercial Building, Saipan, between 7:30 a.m. to 11:30 a.m. and 12:30 p.m. to 4:00 p.m., Monday through Friday, except on government observed holidays, upon completion of registration and presentation of a receipt evidencing a non-refundable payment to the CUC Treasury Section, by cash, check or credit card in the amount of $200.00 non-refundable) for one RFP package set. The RFP package consisting of the specifications and scope-of-service will be provided in via email to the registered email ID. Prospective Proposers must pre-register with the CUC Procurement & Supply Division.

One (1) original and five (5) hard copies, must be submitted in a sealed envelope marked *"CUC-RFP-22-004, Supply & Delivery of Engine Lube Oils for Power Generation"* to the **CUC Procurement & Supply Office, 3rd Floor, Room No. 3, Joeten Dandan Commercial Building**, P.O. Box 501220, Saipan, MP 96950, no later than **10:00 AM (ChST) on November 24, 2021**. Late submissions and conditional proposals will not be considered.

Discussions may be conducted with responsible offerors who submit proposals determined to be reasonably susceptible of being selected for award for the purpose of clarification and to ensure full understanding of and responsiveness to solicitation requirements. Offerors shall be accorded fair and equal treatment with respect to any opportunity to discussion and revision of proposals, and such revision may be permitted after submission and prior to award for the purpose of obtaining the best and final offers. During discussions, there will be no disclosure of any information derived from proposals submitted by competing offerors.

All Offeror are advised that CUC assumes no responsibility in any act of omission on the part of the Offeror due to lack of information or understanding of the proposal requirements in the course of Contractor's preparation of a proposal or supply under the contract. The RFP does not commit CUC to award a contract, to pay any cost incurred in the preparation of the proposal under this request, or to procure or contract for services. Offeror are required to comply with all CNMI and applicable Federal Laws. This bid and the ensuing contract shall be executed as per the CUC Procurement Regulations.

All responses to this RFP should take into account any and all taxes, including excise tax, which will become the obligation of the proponent awarded a contract. Successful proponents will be required to submit a copy of a valid CNMI Business license in compliance with the Contractor's Registration and Licensing Laws of the Commonwealth of the Northern Mariana Islands, upon award of the contract.

Questions or requests for clarification will be entertained only from pre-registered prospective proposers and must be submitted in writing no later than **10:00 AM (ChST) on November 16, 2021**, to Manny B. Sablan, Jr., CUC Purchasing Administrator via email address manny.sablan@cucgov.org with a copy to Richard Cano, Power Generation Manager via email, richard.cano@cucgov.org and to Marcela Tenorio, Senior Administrative Technician at marcela.tenorio@cucgov.org.

CUC reserves the right to reject any or all proposals for any reason and to waive any defects in said proposal, if in its sole opinion, to do so would be in the best interest of CUC. All proposals shall become the property of CUC.

GARY P. CAMACHO
Executive Director

MANNY B. SABLAN, JR.
Purchasing Administrator

Commonwealth Utilities Corporation

REQUEST FOR PROPOSALS
CUC-RFP-22-006

Fiber Optic Internet Connectivity for CUC's Communications & Data Storage Network

The Office of the Executive Director, Commonwealth Utilities Corporation (CUC), is soliciting competitive sealed proposals from qualified and experienced firms for the installation of a Fiber Optic Internet Connectivity for CUC's Communications & Data Storage Network in CUC Saipan, CUC Tinian and CUC Rota, Commonwealth of the Northern Mariana Islands.

The RFP Package may be obtained from the CUC Procurement and Supply Office, 3rd Floor, Room No. 3, Joeten Dandan Commercial Building, Saipan, between 7:30 a.m. to 11:30 a.m. and 12:30 p.m. to 4:30 p.m., Monday through Friday, except on government observed holidays, upon completion of registration and presentation of a receipt evidencing a non-refundable payment to the CUC Treasury Section, by cash, check or credit card in the amount of $100.00 for one package.

One (1) original and five (5) hard copies of your submission must be submitted in a sealed envelope marked *"CUC-RFP-22-006: Fiber Optic Internet Connectivity for CUC's Communications & Data Storage Network"* to the CUC Procurement & Supply Office, 3rd Floor, Room No. 3, Joeten Dandan Commercial Building, P.O. Box 501220, Saipan, MP 96950, **no later than 10:00 a.m. on November 26, 2021**. Late submissions and conditional offers will not be considered.

Discussions may be conducted with responsible offerors who submit proposals determined to be reasonably susceptible of being selected for award for the purpose of clarification and to ensure full understanding of and responsiveness to solicitation requirements. All proposers shall be accorded fair and equal treatment with respect to any opportunity to discussion. During discussions, there will be no disclosure of any information derived from proposals submitted by competing proposers.

All Proposers are advised that CUC assumes no responsibility in any act of omission on the part of the Proposer due to lack of information or understanding of the proposal requirements in the course of Contractor's preparation of a proposal or supply under the contract. The RFP does not commit CUC to award a contract, to pay any cost incurred in the preparation of the proposal under this request, or to procure or contract for services. The Proposers are required to comply with all CNMI and applicable Federal Laws. This bid and the ensuing contract shall be executed as per the CUC Procurement Regulations.

Questions or requests for clarification will be entertained only from pre-registered prospective proposers and must be submitted in writing no later than **10:00 AM (ChST) on November 18, 2021** to Manny B. Sablan, CUC Purchasing Administrator via email, manny.sablan@cucgov.org with a copy to Patrick Reyes, CUC IT Analyst at patrick.reyes@cucgov.org and to Marcela Tenorio, CUC's Senior Administrative Technician at marcela.tenorio@cucgov.org.

CUC reserves the right to reject any or all proposals for any reason and to waive any defects in said proposal, if in its sole opinion, to do so would be in the best interest of CUC. All proposals shall become the property of CUC.

GARY P. CAMACHO
Executive Director

MANNY BOYER SABLAN
Purchasing Administrator

Commonwealth Utilities Corporation

(RE-ANNOUNCEMENT)

JOB VACANCY ANNOUNCEMENT

JVA No. 22 – 022

Opening Date: November 1, 2021
Closing Date: November 16, 2021

POSITION TITLE:	**Dispatch Operator**
DEPARTMENT:	**COA/Customer Service/Call Center**
LOCATION:	**Saipan, Northern Marianas Islands, USA**
ANNUAL SALARY:	**$16,742.00 per annum, Non-Exempt**
CONTRACT:	**Not Contracted**
POSITION(S):	**Three (3)**

The incumbent will be under the direct supervision of the Chief of Administration or his/her designee.

Duties:
- Monitors radio communications in order to dispatch crews for troubleshooting and for related service calls.
- Receives incoming calls reporting complaints or issues related to water, sewer or power utilities; provides general customer service; and routes service calls to appropriate resource.
- Organizes and maintains file systems and pertinent records.
- Performs data entry; maintains and updates logs and dispatch related documentation.
- Prepares and maintains requisitions.
- Follows up with customers to provide basic information, status updates, and to verify customer's experience and any remaining service needs.
- Performs other duties of a similar nature and level as assigned.

Minimum Requirements:
Successful candidates for the position must have the following:

Education: High School Diploma or GED or ABE Program AS and up to 1 year of customer service experience.

Knowledge of: Customer service principles; Basic recordkeeping principles; Radio communications equipment procedures; Modern office technology.

Skills in: Providing customer service; Monitoring and utilizing radio communications and equipment; receiving and routing service or problem calls; entering, updating and maintaining data; organizing and maintaining filing systems and records; preparing and updating logs, records and related documentation; performing follow up calls to ensure adequate service provision; utilizing a computer and relevant software applications; utilizing communication and interpersonal skills as applied to interaction with coworkers, supervisor, the general public, and others to sufficiently exchange or convey information and to receive work direction.

All applicants may be tested and all applicants are subject to pre-employment drug test.

How to Apply: Submit a completed CUC Employment Application, resume, and applicable supporting documents to the CUC Human Resources office located on the 3rd Floor of the Joeten Dandan Building on Saipan, Monday through Friday 7:30 am – 4:30 pm (Except Legal Holidays). Applicants on the island of Tinian and Rota may submit their documents to their respective CUC Administration office. Application, resume and supporting documents can also be e-mailed to: employment.applications@cucgov.org

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Commonwealth Utilities Corporation

JOB VACANCY ANNOUNCEMENT

JVA No. 22 – 023

Opening Date: November 12, 2021
Closing Date: November 26, 2021

POSITION TITLE:	**Administrative Assistant: Office Support & Logistics**
DEPARTMENT:	**Administration**
LOCATION:	**Saipan, Northern Mariana Islands, USA**
ANNUAL SALARY:	**$16,742.00 - $22,602.00 per annum, Non-Exempt**
CONTRACT:	**Not Contracted**
POSITION(S):	**One (1)**

The incumbent will be under the direct supervision of the Executive Director or his/her designee.

Duties:
- Assists primarily in the needs of the Executive Director and must be readily available at a moment's notice to assist in any of his/her projects.
- Must be readily available to assist after a disaster (i.e., typhoon) and/or emergency that the Executive Director must address on behalf of the Corporation.
- Provides reception duties such as answering phones, typing, taking messages, photocopying, filing, referring inquiries to the appropriate resource and advises management of issues for resolution.
- Assists in gathering, assembling, updating, processing and/or distributing forms, documents, requests, invoices, mail and/or records and reviews information for completeness, accuracy and content.
- Picks up the Corporation's mail and or pouch from the U. S. Postal Service or from the airport cargo as well as customer payment receipts from the banks and distributes the documents accordingly on a daily basis.
- Collects and processes the Corporation's outgoing mail (letters, pouches and packages) and ensures all required postage and/or airway bill forms are properly completed.
- Deposits check payments received at the banks as well as performs other bank-related requests. Routes confidential and critical documents to the Board members and/or various government agencies and individuals for signature in a timely manner.
- Monitors supplies, materials and/or equipment inventory and prepares requisition for replenishment of needed supplies or required services; monitors order status, coordinates deliveries and services with vendors; and may provide pick-up or delivery of documents or items as needed.
- Ensures that conference/meeting rooms are kept tidy; including ensuring that common areas, such as the kitchen or break room, remain clean and clear throughout the day.
- Assists in corporate sponsored events.
- Must have strong attention to detail and the ability to take directions, along with previous work experience in office administration.
- Carries out any other reasonable requests made by department and/divisions at the approval of the Executive Director or his/her designee.
- Must be able to lift up to 50lbs.
- Performs other duties of a similar nature and level as assigned.

Minimum Requirements: High School Diploma, GED or ABE Program and a minimum of one-year office work experience.
Knowledge of: Applicable Federal, Commonwealth and local laws, codes, regulations and/or ordinances (based on assignment); Customer service principles; Basic filing and recordkeeping principles; Basic mathematical concepts; Basic inventory and supplies maintenance practices; Modern office technology. Strong interpersonal and communication skills, clerical skills, and moderate computer proficiency.

Skills in: Interpreting and applying applicable laws, codes, regulations and standards (based on assignment); Providing customer services, Filing, organizing and maintain records and files; Preparing basic reports, correspondence and documentation; Managing time and prioritizing requests; Providing attention to detail; Proofreading documents for accuracy; Identifying errors and making corrections; Reviewing and researching account information; Maintaining confidentiality of records and information; Utilizing a computer and relevant software applications; Utilizing communication and interpersonal skills as applied to interaction with co-workers, supervisor, the general public, and others to sufficiently exchange or convey information and to receive work direction.

Licensing: Valid Driver's License with appropriate class.
All applicants may be tested and all applicants are subject to pre-employment drug test.

How to Apply: Submit a completed CUC Employment Application, resume, and applicable supporting documents to the CUC Human Resources Department located on the 3rd Floor of the Joeten Dandan Building on Saipan, Monday through Friday, 7:30 am - 4:30 pm (except legal holidays). Applicants on the island of Tinian and Rota may submit their documents to their respective CUC Administration office. Application, resume and supporting documents can also be e-mailed to: employment.applications@cucgov.org

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Commonwealth Utilities Corporation

JOB VACANCY ANNOUNCEMENT

JVA No. 22 – 025

Opening Date: November 15, 2021
Closing Date: November 29, 2021

POSITION TITLE:	**Warehouse Assistant**
DEPARTMENT:	**CFO/Warehouse**
LOCATION:	**Saipan, Northern Marianas Islands, USA**
ANNUAL SALARY:	**$16,511.00 to $22,602.00 per annum, Non- Exempt**
CONTRACT:	**Not Contracted**
POSITION(S):	**One (1)**

The incumbent will be under the direct supervision of the Chief Financial Officer or his/her designee.

Duties:
- The Warehouse Assistant assists with physical inventories of stock, materials and supplies; takes material counts and/or verifies counts.
- Prepares, packs, and delivers materials and supplies; receives and responds to division and department material needs and requests.
- Loads and unloads materials and supplies; assists with offloading containers and materials; operates forklift as needed.
- Verifies quantities and quality of materials received; prepares receiving documents and reports; routes and delivers paperwork.
- Maintains order and in worksites and warehouse areas; stocks and restocks inventory materials in designated bin locations; may assist in determining whether materials are scrapped or salvaged.
- Prepares and issues materials for air, sea or postal delivery; reviews pick lists and verifies quantities and material accuracy.
- Performs other duties of a similar nature and level as assigned.

Minimum Requirements:
Education: High School Diploma, General Education Diploma, or Adult Basic Education.
Knowledge of: Customer service principles; Basic mathematical concepts; Safety procedures and safe work practices; Modern office technology.
Skills in: Preparing, packing, issuing and delivering materials and supplies; Verifying material quantities and quality; Providing attention to detail; Operating heavy and light equipment machinery, hand and power tools required of assigned area; Adhering to safety procedures and safe work practices; Prioritizing tasks and managing time for efficiency; Identifying issues and solving problems; Providing attention to detail; Taking equipment readings and recording data; Maintaining activity logs and reports; Utilizing a computer and relevant software applications; Utilizing communication and interpersonal skills as applied to interaction with coworkers, supervisor, general public, and others to sufficiently exchange or convey information and to receive work direction.

Licensing/Certification:
- Valid U.S. Driver's License with appropriate class;

Physical Demands:
- Occasional lifting of object; Subject to standing, walking, sitting, bending, reaching, kneeling, pushing and pulling.

All applicants may be tested and all applicants are subject to pre-employment drug test.

How to Apply: You may submit your CUC Employment Application and/or resume at the Human Resources office located on the 3rd Floor of the Joeten Dandan Building on Saipan, from Monday to Friday, 7:30am – 4:30pm. Applicants on the island of Tinian and Rota can drop it off at the Tinian and Rota Administration office. Application and resume can also be e-mailed to: employment.applications@cucgov.org

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Commonwealth Utilities Corporation

JOB VACANCY ANNOUNCEMENT

JVA No. 22 – 026

Opening Date: November 15, 2021
Closing Date: November 29, 2021

POSITION TITLE:	**Trades Assistant Lineperson**
DEPARTMENT:	**Power T & D**
LOCATION:	**Saipan, Northern Marianas Islands, USA**
ANNUAL SALARY:	**$16,742.00 to $22,602.00 per annum, Non- Exempt**
CONTRACT:	**Not Contracted**
POSITION(S):	**One (1)**

The incumbent will be under the overall supervision of the Power T&D Manager or his/her designee. This class specification represents only the core areas of responsibilities; specific position assignments will vary depending on the needs of Power Division.

Duties:
- The Trades Assistant assists with installations, repairs and general maintenance in assigned service area; operates motorized vehicles, equipment machinery, and hand and power tools.
- Performs routine and preventative maintenance on equipment, vehicles, systems and/or infrastructure; performs basic inspections; and conducts basic troubleshooting of issues.
- Responds to trouble calls as needed.
- Prepares job site for work including gathering and setting up materials and supplies, and setting work safety barriers for protection and to direct traffic flow away from work site.
- Gathers, cleans and returns equipment, materials and supplies used.
- Cleans and maintains work site after project or repair work is complete.
- Monitors equipment; takes readings and collects data; documents equipment readings; prepares and submits data and work reports.
- Performs inventory spot checks to ensure adequate materials and supplies are available for daily maintenance activities.
- Servicing equipment by disassembling, assembling, cleaning and calibrating.
- Assisting with equipment/vehicle inspections.
- Servicing and preparing oil filters.
- Responding to customer calls.
- Maintaining grounds, trimming trees and removing obstacles.
- Performs other duties of a similar nature and level as assigned.

Minimum Requirements:
Education: High School Diploma, General Education Diploma, or Adult Basic Education.
Knowledge of: Customer service principles; Basic mathematical concepts; Safety procedures and safe work practices; Modern office technology.
Skills in: Providing customer service; Reading maps and drawings; Operating heavy and light equipment machinery, hand and power tools required of assigned area; Adhering to safety procedures and safe work practices; Prioritizing tasks and managing time for efficiency; Identifying issues and solving problems; Providing attention to detail; Taking equipment readings and recording data; Maintaining activity logs and reports; Utilizing a computer and relevant software applications; Utilizing communication and interpersonal skills as applied to interaction with coworkers, supervisor, the general public, and others to sufficiently exchange or convey information and to receive work direction.

Licensing/Certification:
- Valid U.S. Driver's License with appropriate class;

All applicants may be tested and all applicants are subject to pre-employment drug test.

How to Apply: You may submit your CUC Employment Application and/or resume at the Human Resources office located on the 3rd Floor of the Joeten Dandan Building on Saipan, from Monday to Friday, 7:30am – 4:30pm. Applicants on the island of Tinian and Rota can drop it off at the Tinian and Rota Administration office. Application and resume can also be e-mailed to: employment.applications@cucgov.org

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Health & Wellness

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MAYO CLINIC Q&A

Components of a **healthy diet** and **clean eating**

DEAR MAYO CLINIC: I gained a bit of weight during quarantine. And as spring approaches, I want to focus on losing the excess pounds. I enjoy exercise, but I struggle with snacking and eating more processed foods than I should. A friend suggested clean eating. Do you have any advice so I can focus on clean eating and making more healthful choices to get my nutrition back on track?

ANSWER: Congratulations on being proactive to put your health and weight on track. Whether you are trying to lose weight or not, it is generally important to engage in clean eating. Although there are many variations to clean eating, it basically refers to eating foods that are as close as possible to their natural state.

One of the main reasons to eat clean are the health benefits of consuming foods rich in nutrient content that have not been overly processed. Clean eating nourishes you with healthy nutrient-dense foods, filling your body with vitamins, minerals, high-quality protein and healthy fats, all of which improve heart and brain health, assist in weight management, build a stronger immune system, and increase energy levels.

It may feel overwhelming to change your diet, but my advice to you would be to consider different categories of food and then make small pivots based on what you like, what you are comfortable cooking and what may be in season.

Consider, for instance, the following foods:

- **Fresh fruit**—Apples, bananas, blueberries, grapes, oranges, strawberries or 100% fruit juice
- **Vegetables**—Avocados, broccoli, Brussels sprouts, cabbage, carrots, cauliflower, corn, green beans, mushrooms, lettuce, peppers, sweet potatoes or tomatoes
- **Lean meats/proteins**—Dried beans, eggs from grass-fed chickens, fresh fish, plain nut butters (no sugars added) or unflavored nuts
- **Grain (cereal) foods**—Those made with whole grains, air-popped popcorn, oats, brown rice or whole-wheat pasta
- **Dairy products**—Cheese, milk, plain yogurt or unsweetened non-dairy products

So, for breakfast, consider a whole-grain avocado toast, drizzled with olive oil and maybe some spices. And grab a banana, too. A glass of low-fat milk or a side of yogurt can give you great protein and a calcium boost.

As for snacking, it's still important to reach for clean foods that will fuel your body with good nutrients. Consider how often you reach for snacks during the day. If you know you're snacking often, plan out and prepackage snacks.

If you portion out healthy snacks and place them somewhere you will see them, it will be harder to overindulge. It can be very difficult to estimate appropriate portion sizes, which can lead to unwanted weight gain. Using these visual cues will help you get close to the actual recommended serving sizes:

- **Fruit**—One serving is equivalent to a tennis ball.1 medium whole fruit
  1/2 cup of chopped, cooked or canned fruit
- **Vegetables**—One serving is equivalent to one or two baseballs.2 cups of raw, leafy vegetables (two baseballs)
  1 cup of chopped, cooked or canned raw veggies (1 baseball)
- Grains—One serving is equivalent to a hockey puck.1 slice whole-wheat bread
  1/2 cup of cooked pasta, potatoes or rice
- **Protein foods**—One serving is equivalent to a hockey puck.3 ounces of cooked meat
- **Fat**—One serving is equivalent to one die.1 teaspoon butter, margarine or oil

Another helpful tip is to track your progress and choices. This can help to motivate you to keep going. Jot down daily the number of meals and snacks. Consider a menu or checklist of options. Track what you have selected, and then, at the end of the week, go ahead and indulge in a piece of chocolate or small scoop of frozen yogurt.

Be mindful also of when you snack. It's very easy to turn to food when you are feeling stressed or bored, but this can lead to overeating, which can further increase stress levels with weight gain that may result.

If you are someone who craves sweets—which is a normal response to stress—reach for lean protein foods, such as hard-boiled eggs, tuna, cheese sticks, plain no-sugar-added yogurt or soups made with lots of vegetables.

Before you grab a snack, always ask yourself, "Am I physically hungry or am I just stressed?" You also can distract yourself with walks or something creative.

As you start this journey, remember that weight loss and diet changes take time. If you are going to weigh yourself, do so at the same time every day. Remember that to maintain your weight, you should be eating 10 calories per pound per day. For you, seeing your goal is to lose weight, you will want to consume fewer calories than your body is using or burning. I would consider finding an app you like to help you track eating and exercise, as well as calories, to help keep you motivated.

Be patient with yourself, research has shown it can take up to 66 days of consistently repeating a behavior until it forms a habit. Work toward progress, not perfection. Engage in clean eating, healthy portion sizes and mindful snacking to maintain healthy lifestyle behaviors. ***(Mayo Clinic News Network)***

Eileen Dutter, R.D.N., Weight Management Services, Mayo Clinic Health System, Eau Claire, Wisconsin

Mayo Clinic News Network is your source for health news, advances in research and wellness tips.) *© 2021 Mayo Clinic News Network*

Mayo Clinic Minute: **The importance of stretching during your workday**

By JASON HOWLAND
MAYO CLINIC NEWS NETWORK

The COVID-19 pandemic has made it more challenging for some people to get in their daily workout. Sedentary behavior, including sitting for long periods of time, can contribute to adverse health effects, including something referred to as "sitting disease."

In this Mayo Clinic Minute, Dani P. Johnson, a wellness physical therapist with the Mayo Clinic Healthy Living Program, demonstrates how to integrate more movement into your daily life.

■■■■

Whether you're working in an office or from home, Johnson suggests taking breaks every 30-45 minutes throughout your day to perform some simple stretches.

"Our bodies can get stiff. You know, we're always kind of in this hunched-over position when we're at our desks and working, so we really want to open up our chest," says Johnson.

"One way to do that is just by doing some simple shoulder rolls, so just bringing the shoulders back and down."

"Another really great activity you can do using a wall is just coming to the wall, putting the back of your hands up on the wall, and just sliding your hands up and down nice and slow," says Johnson.

Don't worry if you don't have access to gym equipment. Johnson says your desk can be a great exercise tool.

"Simply by putting your hands on the desk and stretching out, so you're moving your bottom back, bringing your arms forward," says Johnson.

Whether you try these stretches or take a break to go for a walk, all movement counts.

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Life & Style

Britney freed: Judge dissolves Spears' conservatorship

LOS ANGELES (AP)—Britney Spears is free. A Los Angeles judge on Friday ended the conservatorship that has controlled the pop singer's life and money for nearly 14 years.

The decision capped a stunning odyssey that saw Spears publicly demand the end of the conservatorship, hire her own attorney, have her father removed from power and finally win the freedom to make her own medical, financial and personal decisions for the first time since 2008.

"As of today, the conservatorship of the person and estate of Britney Jean Spears is hereby terminated," Judge Brenda Penny said.

Spears

Jubilation erupted outside the courthouse, with fans cheering and shouting after the decision was announced. The crowd chanted "Britney! Britney! Britney!" and fans sang and danced to Spears' song "Stronger."

Spears promptly tweeted about the decision: "Good God I love my fans so much it's crazy!!! I think I'm gonna cry the rest of the day!!!! Best day ever … praise the Lord … can I get an Amen???"

Spears' attorney, Mathew Rosengart, told fans and reporters that the case "helped shine a light on conservatorships and guardianships from coast to coast, from California to New York. And that took a tremendous amount of insight, courage and grace."

The judge's move was widely expected, with little support left for prolonging the legal arrangement. No new arguments were offered at the 30-minute hearing. Spears did not attend.

As recently as last spring, it appeared that the conservatorship could continue for years. Then it unraveled with surprising speed.

Key to the unraveling was a speech Spears made at a hearing in June when she passionately described the restrictions and scrutiny as "abusive" and said "I just want my life back," a line her lawyer repeated in court Friday. Spears demanded that the conservatorship end without any prying evaluation of her mental state.

Legal experts at the time said that was unlikely to happen, and would represent a departure from common court practice.

But the judge said at Wednesday's hearing that California law did not require her to order further evaluation of Spears if no one requested it.

The judge allowed Spears to hire Rosengart, an attorney of her choice, in July. He made it his goal first to have James Spears removed from his role as conservator of his daughter's finances before working to end the conservatorship altogether. The judge suspended James Spears at a September hearing, citing the "toxic environment" his presence created.

But more courtroom battles could lie ahead.

Rosengart has further vowed to pursue an investigation of James Spears' role. He said he and his team have found mismanagement of Britney Spears' finances, suggesting she could pursue further legal action. Court records put her net worth at about $60 million.

He also said law enforcement should investigate revelations in a New York Times documentary about a listening device placed in her bedroom.

James Spears' attorneys said Rosengart's allegations ranged from unsubstantiated to impossible, and that he only ever acted in his daughter's best interest.

Widowed spouses find comfort and potential in each other

DEAR ABBY: A lady friend of mine I've known for more than 20 years and I recently lost our spouses to COVID in the same hospital, four rooms apart from each other. During the 2 1/2 weeks that our spouses were in the hospital, we visited, prayed for and offered comfort to each other, as well as after their passing.

Throughout the years, we had always had a slight attraction to each other, and we realize that it's still there. We know each other's flaws as well as good points. Keep in mind we were very much in love with our spouses, and we're able to openly talk about them as well as grieve for them. We also find a great sense of comfort in each other's company but, over time, our physical attraction has grown.

I'm 64 and she's 57, and we're both experienced in the game of life. My question is, it's been only two months since our spouses died, so would it be wrong for us to start seeing each other on a romantic basis or is this too soon? Also, there's the question of being judged by others.

NEW WIDOWER IN FLORIDA

DEAR NEW WIDOWER: Please allow me to offer my sympathy for your loss. You and this lady are not strangers. You are adults who have known each other for a long time. If the two of you have feelings for each other, there is nothing stopping you from exploring your relationship to see where it leads. Understand that this is a process that will take more time and should not be rushed. Please don't allow your lives or your decisions to be ruled by what "others" might think.

■ ■ ■ ■

DEAR ABBY: A couple we occasionally double-date with likes to meet for dinner. Usually, we both throw out a few suggestions, see what sounds good and go from there. Recently, though, my friend chooses the same restaurant and then announces they want to buy us dinner. The problem is, we don't care for that restaurant as they only serve one type of food—soup. I think it's her way of controlling the cost of the meal.

I have no problem with finding other, less expensive places to go that offer options so we can all be satisfied. When I suggest something different, she goes blank and can't think of anything, and I can tell she doesn't like my suggestions. I also do not want them to buy our dinner because, again, I know finances are tight. My husband and I order appetizers for the table and we ask for them to be placed on our bill, and that seems to be OK.

How do we continue to double-date and not have the selection process create tension that spoils our night out?

NOT APPETIZING IN THE WEST

DEAR ABBY

By ABIGAIL VAN BUREN
FROM UNIVERSAL PRESS SYNDICATE

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

DEAR NOT APPETIZING: You can accomplish that by speaking up. Be honest with your friend. Tell her you don't mind having dinner at the soup place once in a while, but you would prefer to go to a place that offers more variety. And while you are at it, tell her that although they are generous in wanting to pay for your meals, you and your husband prefer to either split the check 50/50 or alternate picking up the tab.

Abby shares more than 100 of her favorite recipes in two booklets: "Abby's Favorite Recipes" and "More Favorite Recipes by Dear Abby." Send your name and mailing address, plus check or money order for $16 (U.S. funds) to: Dear Abby, Cookbooklet Set, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)

Commonwealth Ports Authority
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PO BOX 501055•SAIPAN•MP•96950
Phone: (1-670) 237-6500/1 • Fax: (1-670) 234-5962
E-Mail Address: cpa.admin@pticom.com • Website: www.cnmiports.com

NOTICE OF REGULAR MEETING

The Commonwealth Ports Authority (CPA) hereby gives notice that a Regular Meeting of the Board of Directors will be held on Friday, November 19, 2021, at 2:00 p.m. in the As Paris Restaurant's Meeting Room in Songsong Village on Rota. The following items are on the agenda for the above-referenced meeting:

AGENDA

I. PRELIMINARY MATTERS
1. Call to Order
2. Roll Call
3. Adoption of Agenda
4. Adoption of Minutes (September 30, 2021)

II. BOARD ORGANIZATION
1. Election of Officers
2. Appointment to Standing Committees

III. PUBLIC COMMENT(S)
IV. CORRESPONDENCES
V. COMMITTEE REPORTS
1. Financial Affairs Committee
2. Airport Facilities Committee
3. Seaport Facilities Committee
4. Personnel Affairs Committee

VI. EXECUTIVE DIRECTOR'S REPORT
VII. OLD BUSINESS:
1. Tinian Shipping
2. Contract Renewal: Deputy Director

VIII. NEW BUSINESS:
1. Contract Renewal: Executive Director
2. Supplemental Budget Request: Seaport Ports Police Truck
3. Transportation Security Administration (TSA) Lease
4. Insurance for Rota West Harbor's Small Boat Marina
5. Request to Replace and Advertise:
a. BHS Technician (1 vacancy) Saipan
b. BHS Specialist (1 vacancy) Saipan
c. General Maintenance I (1 vacancy) Saipan
d. Ports Police Officer I (1 vacancy) Saipan
e. AOA Controller/Ground Maintenance I (1 vacancy) Rota
f. General Maintenance I (1 vacancy) Tinian
g. AOA Controller/Ground Maintenance I (1 vacancy) Tinian
6. Restructure of Operations Department
7. Off-site Car Rental Regulation
8. CUC Power Plant 2 (Rota)

IX. EXECUTIVE SESSION
• Legal Counsel Reports: Legal matters/Litigation

X. MISCELLANEOUS MATTERS
XI. ADJOURNMENT

Written testimony on the agenda items must be sent via email before the meeting to cpa.admin@pticom.com. Attendees (in person) must wear a mask and practice social distancing.

Kimberlyn King-Hinds
Chairwoman, Board of Directors
November 10, 2021

NORTHERN MARIANAS HOUSING CORPORATION
COMMUNITY DEVELOPMENT BLOCK GRANT
DISASTER RECOVERY (CDBG-DR) DIVISION
P.O. BOX 500514, Saipan, MP 96950-0514
Email: cnmi-cdbg-dr@nmhcgov.net I Website: http://www.cnmi-cdbgdr.com
Tels: (670) 233-9447, 233-9448, 233-9449, 233-9450 I Fax: (670) 233-9452

PUBLIC NOTICE

"NMHC will suspend application intake for its CDBG-DR New Construction/Homebuyer Programs"

Due to a huge volume of Pre-Qualification applications and URLA Loan Application packets received to date and funding committed to approved loan applicants as well as the urgency to speed up processing of loan applications for applicants determined eligible for financial assistance, the Northern Marianas Housing Corporation (NMHC) is notifying the general public that it will **SUSPEND** accepting new applications for its CDBG-DR New Construction/Homebuyer programs effective November 12, 2021.

The two (2) NMHC CDBG-DR Housing Programs affected by this suspension include:

1. New Construction for Homeownership Opportunity and First-Time Homebuyer Assistance Program; and
2. Homebuyer Program.

Depending on the number of loan applications approved and subject to funding availability, NMHC may resume application intake.

Thank you and for more information, please contact NMHC CDBG-DR Division at Tel. Nos. 233-9447/9448/9449/9450 or via email cnmi-cdbg-dr@nmhcgov.net

"NMHC is an equal employment and fair housing public agency"

NORTHERN MARIANAS HOUSING CORPORATION
P.O. BOX 500514, Saipan, MP 96950-0514
Email: nmhc@nmhc.gov.mp I Website: http://www.nmhcgov.net

PUBLIC NOTICE
AMENDMENT #01

Pursuant to Public Law 8-41, the Northern Marianas Housing Corporation (NMHC) Board of Directors, through its Acting Chairperson of the Board, is hereby giving notice that the Regular Board Meeting is scheduled for Tuesday November 16, 2021 at 10:00 a.m. at NMC Rota Campus Tatachog, Rota. The public is welcome to submit written or oral comments regarding the agenda below. Individuals interested in attending the meeting and needing special accommodations are requested to contact NMHC in advance. In compliance with the CNMI COVID-19 guidelines, Face-masks must be worn, social distancing will be enforced, and not more than ten (10) people will be allowed in the conference room during the course of the meeting.

I. PRELIMINARY MATTERS
a. Call to Order
b. Roll Call
c. Adoption of Agenda

II. PUBLIC COMMENTS
III. CORPORATE DIRECTOR'S REPORT
a. CDBG-DR Housing and Infrastructure Updates
b. Rota Field Office Operations

IV. OLD BUSINESS
a. Budget Amendments
b. Emergency Housing Voucher Update
c. Turnkey Home Development Program to New Construction and Homebuyer

V. NEW BUSINESS
a. 2021-2022 QAP

VI. LEGAL COUNSEL'S PENDING/ONGOING REPORT
VII. EXECUTIVE SESSION
VIII. OTHER MATTERS
IX. ADJOURNMENT

(Notes: Pursuant to Public Law 8-41, Section 13 (a)(7) and Section 13(c), the Board may vote to meet in executive session.)

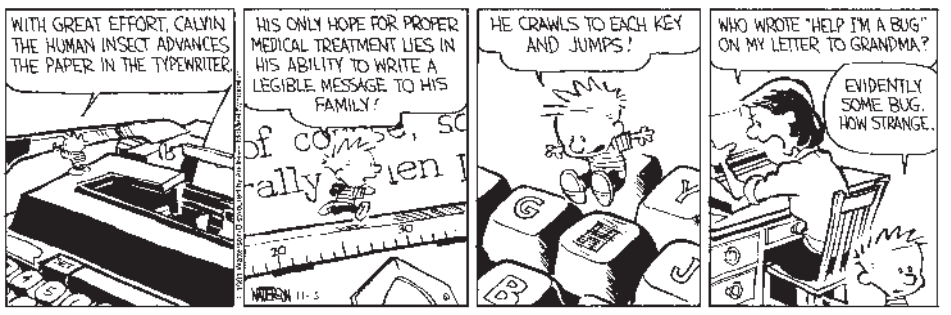
Eric J. Reyes
Acting Chairperson of the Board

"NMHC is an equal employment and fair housing public agency"

Pastimes

Calvin and Hobbes

By Bill Waterson


WITH GREAT EFFORT, CALVIN THE HUMAN INSECT ADVANCES THE PAPER IN THE TYPEWRITER.
HIS ONLY HOPE FOR PROPER MEDICAL TREATMENT LIES IN HIS ABILITY TO WRITE A LEGIBLE MESSAGE TO HIS FAMILY!
HE CRAWLS TO EACH KEY AND JUMPS!
WHO WROTE "HELP I'M A BUG" ON MY LETTER TO GRANDMA?
EVIDENTLY SOME BUG. HOW STRANGE.

Garfield®

By Jim Davis

Adam@home

By Bryan Basset

The Duplex

By Glenn McCoy

I HATE THIS. MY FACEBOOK FRIEND TAGGED ME ON THIS POST. IT SAYS, "IT'S NATIONAL MANGE AWARENESS WEEK..."
"...MANGE IS REAL. DON'T SUFFER ALONE. IF YOU OR A FRIEND ARE DEALING WITH MANGE, ADD YOUR NAME AND SHARE THIS." WHAT WOULD YOU DO?
T.P. HIS HOUSE AND SUE FOR HARASSMENT.
TOILET PAPER IS IN SHORT SUPPLY. I'LL JUST UN-FRIEND HIM.

CROSSWORD

By Eugene Sheffer

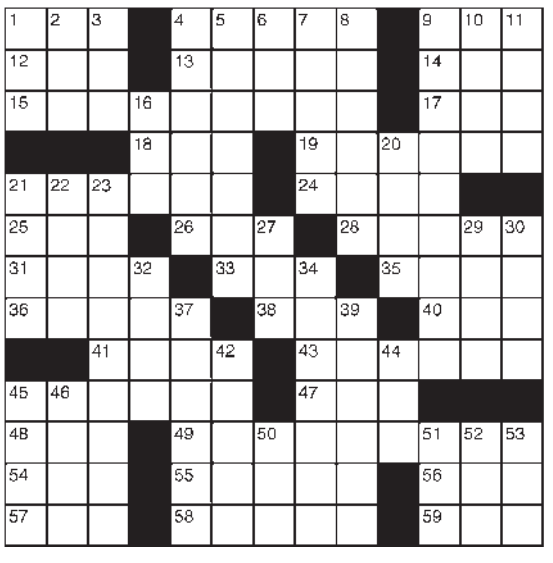
ACROSS
1 Spider's home
4 Entreaties
9 Glutton
12 Literary collection
13 Wash off
14 Eggs
15 Kid-lit sleuths
17 Website contact no.
18 Numerical prefix
19 Surgical beams
21 Release
24 Lawyer Clooney
25 Corp. boss
26 Dawn goddess
28 Plant firmly
31 Tibetan monk
33 — generis
35 Voice in an iPhone
36 "All systems —!"
38 TiVo precursor
40 Recline
41 Loud noises
43 Mended
45 Kind of network
47 "Bow-wow!"
48 Low isle
49 Controversial issue
54 Fury
55 Chef's garb
56 Bygone bird
57 Old map letters
58 Must have
59 Actress Saldana

DOWN
1 Nursery cry
2 Disney deer
3 Happy hour venue
4 Hawthorne's Hester
5 Lusty drives
6 Rock's Brian
7 Sanctuaries
8 Bagel choice
9 Business trip expense
10 Done with
11 Guys' dates
16 Singer Lipa
20 Waterston and Raimi
21 Bruins' sch.
22 Close
23 Mortgage holder, perhaps
27 Minivan alternative
29 Pennsylvania port
30 Conked out
32 Petri dish gel
34 Crane of Sleepy Hollow
37 Certain Nebraskan
39 Encore presentations
42 Skiing spot
44 Sternward
45 Mark Harmon TV series
46 Canal zones?
50 Italian "three"
51 Celeb gossip source
52 Tic-tac-toe win
53 Scot's refusal

Solution time: 21 mins.

G	R	S		S	P	A	S		B	O	B	S
A	L	L		A	O	N	E		O	R	A	L
V	O	L	L	S	E	E			R	E	M	Y
E	G	R	E	S	S		P	G	A			
			N	A	C		A	N	T	H	E	R
P	A	I	N	S		L	S	U		J	T	E
A	R	T	Y		G	O	T		O	L	D	S
D	E	E		L	E	X		T	O	A	S	
S	A	M	S	O	N		P	A	M			
			H	U	C		E	S	P	R	I	
B	R	A	E		S	E	E	T	H	I	N	G
A	A	R	E		E	L	L	E		C	C	
S	N	A	F		E	K	E	D		O	A	F

Friday's answer 11 - 15



STUMPED? For answers to today's crossword, call **1-900-226-5955!** 99¢ per minute, touch-tone/rotary phones. (18+ only.) A King Features service, NYC.

CELEBRITIES BORN ON THIS DAY: Shailene Woodley, 30; Jonny Lee Miller, 49; Beverly D'Angelo, 70; Sam Waterston, 81.

Happy Birthday: Approach life and the changes you want to make with a creative outlook, and you'll find it easier to discover what matters to you the most. Following a path that eases stress and feels meaningful will encourage you to participate in events and activities that make a difference. Change begins with you and how you utilize your time and skills. Your numbers are 9, 15, 23, 27, 30, 38, 43.

ARIES (*March 21-April 19*): Emotions will rise to the surface. Before you say something you regret, put yourself on the receiving end of the conversation you want to have, and rethink your approach. Kindness and understanding will encourage positive results. Protect your health and reputation. ✪✪✪

TAURUS (*April 20-May 20*): Too little, too late will leave you facing a predicament. Balance and integrity will be the key factors when doing what's right and best for everyone. Set guidelines and reinforce a positive attitude, and you'll eliminate opposition. ✪✪✪

GEMINI (*May 21-June 20*): Approach people you can relate to, and together you will find a solution to some of your concerns. Gather information and verify what you discover before you share your findings. Accuracy will be paramount if you want to drum up hands-on help. ✪✪✪✪

CANCER (*June 21-July 22*): Control your emotions, and stay focused on the people and things you like most. Consider what will help you feel better about the way you look or what you do, and take on a challenge that will encourage personal growth. ✪✪

LEO (*July 23-Aug. 22*): Keep your thoughts to yourself. Being a good listener will help you assess situations and make less noticeable adjustments. Avoid letting anyone bait you into an argument that will leave you in a vulnerable position. Self-improvement is favored. ✪✪✪✪✪

VIRGO (*Aug. 23-Sept. 22*): Look over contracts, discuss possibilities, find out where you stand and contact someone to help you reach your objective. Fix up your surroundings to suit your needs, but don't overspend in the process. Stick to a budget. ✪✪✪

LIBRA (*Sept. 23-Oct. 22*): You'll gravitate toward people who share common goals. Form a coalition that ensures you have the best of the best working by your side. Think big, but stick to what's doable. It's OK to dream if you know your limitations. ✪✪✪

SCORPIO (*Oct. 23-Nov. 21*): Pay attention to the people who mean the most to you. Offer a different perspective or pitch in and help, and it will help you realize what you can do to make your life better. Initiate changes that encourage a healthier lifestyle. ✪✪✪

SAGITTARIUS (*Nov. 22-Dec. 21*): Rearrange your furniture to make room for a project you want to pursue. Be open about how you feel, and discuss what you want to do with those your plans will affect. Don't take on too much. ✪✪✪✪✪

CAPRICORN (*Dec. 22-Jan. 19*): Emotional situations will escalate if you get into a serious discussion. Be a good listener, and you'll come up with a compromise that's fair and offers an incentive that is sure to please others and help you get your way. ✪✪

AQUARIUS (*Jan. 20-Feb. 18*): Take nothing and no one for granted. Clear up unfinished business before you get immersed in something new and exciting. Leave nothing to chance when dealing with someone unpredictable. Handle your finances and health with care. ✪✪✪✪

PISCES (*Feb. 19-March 20*): Pay attention to detail, and handle matters yourself. Change the way you manage your money, home and the prospects you want to pursue. A romantic gesture, image update and personal gains look promising if you take control and make things happen. ✪✪✪

Birthday Baby: You are resilient, productive and dedicated. You are outgoing and generous.

EUGENIA LAST

THE LAST WORD IN ASTROLOGY

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✪ ***star:*** *Avoid conflicts; work behind the scenes.* ✪✪ ***stars:*** *You can accomplish, but don't rely on others.* ✪✪✪ ***stars:*** *Focus and you'll reach your goals.* ✪✪✪✪ ***stars:*** *Aim high; start new projects.* ✪✪✪✪✪ ***stars:*** *Nothing can stop you; go for gold.*

SUDOKU

Conceptis Sudoku *By Dave Green*

				9		5		
	7		1		8	3		
				3		8	1	6
	8		9	4			3	
7		2	5		3	4		1
	5			1	2		7	
9	3	5		8				
		7	2		9		4	
		4		7				

Difficulty Level ★ 11/15

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Saturday.

Friday's SUDOKU Answer

5	2	8	1	9	6	7	4	3
1	3	9	4	7	2	5	6	8
7	6	4	5	8	3	1	9	2
8	5	7	3	4	1	9	2	6
4	9	2	6	5	8	3	7	1
3	1	6	9	2	7	8	5	4
2	7	3	8	6	9	4	1	5
9	8	5	2	1	4	6	3	7
6	4	1	7	3	5	2	8	9

Difficulty Level ★★★★ 11/14

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WONDERWORD®

By DAVID OUELLET

HOW TO PLAY: All the words listed below appear in the puzzle — horizontally, vertically, diagonally and even backward. Find them, circle each letter of the word and strike it off the list. The leftover letters spell the WONDERWORD.

LITTLE THINGS Solution: 7 letters

E	S	E	L	T	S	I	H	W	K	S	P	C	I	D
E	N	E	C	A	N	D	Y	L	N	D	O	U	P	R
S	Y	I	I	L	I	N	A	I	K	I	R	F	M	A
E	F	E	R	H	O	H	A	S	I	C	D	F	A	H
I	R	A	L	E	C	R	I	T	T	E	R	S	T	S
P	E	S	M	A	G	N	E	T	T	C	A	E	S	F
P	C	M	O	S	S	N	U	B	E	L	E	G	O	S
U	K	R	N	L	C	H	A	R	N	T	T	S	T	D
P	L	A	E	H	I	T	E	T	©	Ⓞ	Ⓡ	Ⓝ	N	S
E	E	H	I	S	T	V	A	S	S	S	A	A	E	I
B	S	C	T	E	A	P	E	P	I	N	S	I	P	D
B	K	U	R	N	F	R	I	S	S	T	R	E	A	E
L	N	I	O	R	I	C	E	X	T	R	A	S	R	E
E	E	G	E	M	S	T	O	N	E	S	T	A	G	S
S	B	R	O	T	H	E	R	B	R	L	O	O	P	S

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Ants, Batteries, Beans, Berries, Brother, Candy, Chalk, Charms, Chick, Coins, Corn, Critters, Cuffs, Dice, Eraser, Eyelashes, Fish, Freckle, Gemstones, Grains, Grape, Insects, Kitten, Lego, Magnet, Mouse, Nuts, Olives, Pearl, Peas, Pebbles, Pins, Pixel, Puppies, Rice, Sand, Scrunchies, Seed, Shard, Sister, Spool, Stamp, Tags, Tangerine, Teardrop, Teeth, Whistle

Last Friday's Answer: Glitter

Purchase **WONDERWORD** books in time for the holidays! Visit WonderWordBooks.com or call 1-800-642-6480.

Garland, Cavs erase 19-point deficit to beat Celtics, 91-89

CLEVELAND (AP)—Darius Garland made two free throws with 9.4 seconds left and the Cleveland Cavaliers rallied from 19 points down in the third quarter to stun the Boston Celtics 91-89 on Saturday night in the opener of a two-game set.

Dennis Schroder had an opportunity to force overtime for Boston, but missed a jumper from the right baseline as time expired. There were five lead changes and seven ties in the final seven minutes. "There is no basketball reason why we should have won, but there was a collective spirit," Cavaliers coach J.B. Bickerstaff said. "Momentum is a hell of a thing. When you start to ride that wave in either direction, it changes the game."

The teams will meet again Monday at Rocket Mortgage FieldHouse.

The Celtics built their largest lead at 72-53 with 3:05 left in the third, but the Cavaliers answered with a 24-4 run to go ahead 77-76 on Ricky Rubio's free throw with 6:43 remaining in the game.

Garland finished with 22 points and six assists, rookie Evan Mobley had 19 points, nine rebounds and three blocks, and Rubio had 16 points and seven assists. Cleveland has won six of its last seven and is off to its best start in five years at 9-5.

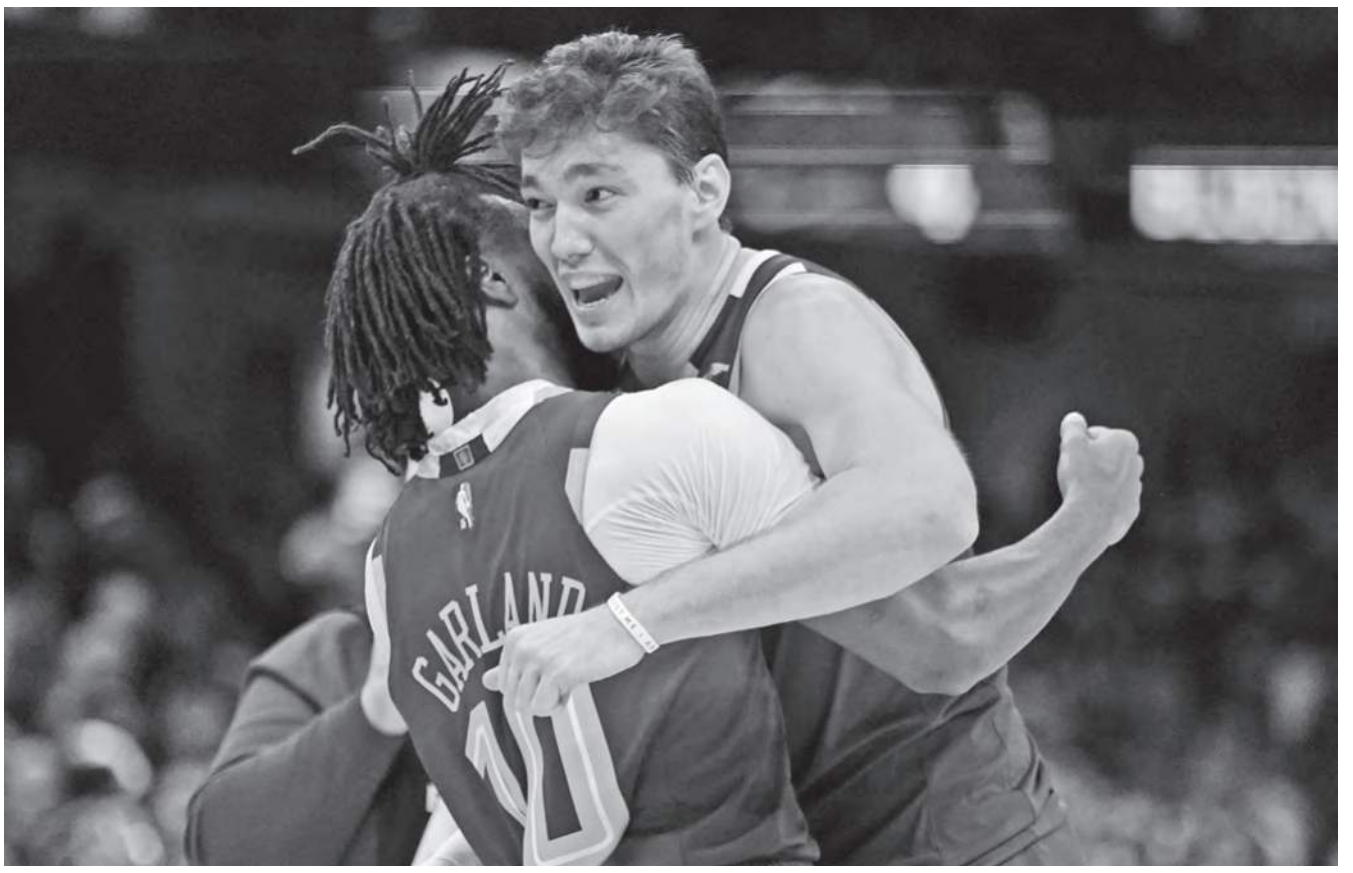
"We're here and we're not a slouch anymore," Garland said. "We've got a lot of heart and we never quit. My teammates trust me to make the plays, so I give them the praise."

Schroder scored 28 points and gave Boston its final advantage at 87-85 on a drive with 1:59 left. Jayson Tatum scored 21 points and tied the score with a pull-up basket with 30 seconds remaining, but shot just 8 of 22 and was 1 of 8 on 3-pointers.

The Celtics had their two-game win streak snapped and failed to move over .500 for the first time this season. Robert Williams III collected 12 points and 16 rebounds, and Marcus Smart had eight assists and five steals for Boston.

"Jayson showed frustration on his shots, but you've got to play through that," Celtics coach Ime Udoka said. "He had some turnovers late—some sloppy ones—but he has to find a way to affect the game in a positive way when his shot isn't falling."

Jarrett Allen had 11 points and eight rebounds, and Cedi Osman scored nine points off the bench for Cleveland, which played in front of its first home sellout crowd since March 7, 2020.



Cleveland Cavaliers' Cedi Osman, right, hugs Darius Garland after the Cavaliers defeated the Boston Celtics 91-89 in an NBA basketball game, Saturday, Nov. 13, 2021, in Cleveland. AP

The Cavaliers' comeback occurred after their lowest scoring quarter (9 in the first) and half (38 in the first) of the season.

"We were just dancing in the locker room because it was a great game," Osman said, smiling broadly. "We have the best fans in the world, man. It was like a playoff game tonight. The atmosphere was amazing."

Both teams played on back-to-back nights, having hosted games Friday. Schroder scored a season-high 38 points as Boston beat NBA champion Milwaukee 122-113 in overtime, while Cleveland routed Detroit 98-78.

The Celtics were up 52-38 at halftime when Williams slammed an alley-oop from Smart just before the buzzer. Schroder scored 19 points and Williams had eight points and eight rebounds.

"We've got to play for 48 minutes," Schroder said. "It's the NBA, everybody makes runs. It's about how your respond. They did a great job, give them props."

Garland was the Cavaliers' offense in the opening half with 18 points and four assists, accounting for 10 of their 12 baskets. The rest of the team missed 21 of their first 23 field goal attempts.

Grant Williams had six points on a pair of 3-pointers in the first as Boston seized a 20-9 lead. Cleveland shot 3 of 20 with six turnovers.

Clippers 129, Timberwolves

In Los Angeles, the Clippers shut down Karl-Anthony Towns, and the Minnesota Timberwolves disappeared with him.

Paul George scored 23 points, Reggie Jackson added 21 points and the Clippers won 129-102 on Saturday night for their seventh victory in a row.

Towns was held to eight points on 3-of-11 shooting in his first single-digit scoring game since 2018. He missed all five of his 3-point attempts, ending his streak of making at least two in the season's first 11 games.

"We're fronting him on the post and coming with the low man," Clippers coach Tyronn Lue said. "We just try to switch everything so he can't get shots off. We just want to slow him down."

Ivica Zubac had 10 points and 12 rebounds, Eric Bledsoe had 14 points and nine assists and George had nine rebounds for the Clippers, who have taken all three meetings this month against the Wolves.

"It was an all-around team win," Lue said, citing the Clippers' 35 assists. "Everybody did their part."

Anthony Edwards led Minnesota with 21 points and nine rebounds. D'Angelo Russell and Jaden McDaniels had 15 points each.

Utah guard Donovan Mitchell defends against Miami guard Tyler Herro during their game Saturday in Salt Lake City. Rick Bowmer/Associated Press

Heat 111, Jazz 105

In Salt Lake City, Tyler Herro had 27 points and eight rebounds to help the Miami Heat beat the Utah Jazz 111-105 on Saturday.

Duncan Robinson made six 3-pointers and added 22 points. Kyle Lowry had 21. Miami swept the season series with the Jazz and snapped a three-game losing streak.

Bojan Bogdanovic scored 26 points—19 in the fourth quarter—to lead Utah. Jordan Clarkson added 25 points and Donovan Mitchell had 22.

The Jazz lost for the fourth time in five games.

Utah used a 18-0 run to rally from a 22-point deficit in the final minutes. Bogdanovic made a layup to finish off the run and cut Miami's lead to 109-105 with 14.5 seconds left. Herro made a pair of free throws with 10.9 seconds remaining to seal it.

Robinson and Bam Adebayo ignited the Heat's offense in the first quarter. Robinson made three 3-pointers and Adebayo bookended a 21-2 run with four free throws and a dunk to help Miami surge to a 23-7 lead.

Clarkson brought Utah back into the game by himself. He scored 11 straight points in just 1:16—starting with back-to-back 3-pointers—and trimmed Miami's lead to 27-24 going into the second quarter.

Pacers 118, 76ers 113

In Indianapolis Justin Holiday came off the bench to score a season-high 27 points in Indiana's victory over Philadelphia.

Philadelphia center Joel Embiid missed his fourth consecutive game after testing positive for COVID-19 on Monday. The 76ers have lost all four games.

Holiday was 9 of 11 from the field. Malcolm Brogdon had a triple-double with 13 points, 10 rebounds and 10 assists. Myles Turner added 20 points, and Domantas Sabonis had 18 points and 12 rebounds.

Pelicans 112, Grizzlies 101

In New Orleans, Nickeil Alexander-Walker scored 21 points, Brandon Ingram returned from a seven-game absence to add 19 and New Orleans won at home to snap a nine-game losing streak.

The victory was the first at home this season for the Pelicans, who had lost 12 of their first 13 games playing without Zion Williamson, sidelined with a broken right foot.

Pistons 127, Raptors 121

In Toronto, Jerami Grant scored 24 points, Isaiah Stewart had 20 and Detroit used a big fourth quarter to beat the short-handed Raptors in Toronto, the Pistons' fourth straight victory over the Raptors.

Killain Hayes had 13 points and 10 assists, Saddiq Bey scored 16 points, Josh Jackson had 15 points and Frank Jackson added 14. The Pistons shot 6 for 8 from 3-point range in the fourth, outscoring Toronto 34-26 in the final period.

Detroit rookie Cade Cunningham scored seven of his 10 points in the fourth.

Wizards 104, Magic 92

In Orlando, Spencer Dinwiddie scored 23 points, Montrezl Harrell added 20 and Washington used a 20-0 first-half run to beat the Orlando Magic at home for their fourth consecutive victory.

Kyle Kuzma added 17 points and 10 rebounds to help Washington improve to 9-3 for the first time since the 2014-15 season. That's much improved over last season when the Wizards were 3-9 after 12 games.

Kuzma had three straight 3-pointers in the third quarter after Orlando pulled to 59-49. Washington closed the third quarter with a 30-16 burst to turn it into a rout.

Gobert, Ingles, Mitchell, Turner fined for altercation

NEW YORK (AP)—Utah Jazz center Rudy Gobert, forward Joe Ingles and guard Donovan Mitchell and Indiana Pacers center Myles Turner were fined Friday by the NBA for their roles in an altercation Thursday night.

Gobert was fined $35,000 for initiating the altercation with 4:01 left in the Pacers' 111-100 victory in Salt Lake City. Turner was fined $25,000 for escalating the altercation by shoving Gobert.

Ingles was fined $30,000 for making inappropriate contact with a game official, and Mitchell was docked $20,000 for escalating an altercation by verbally taunting an opponent.

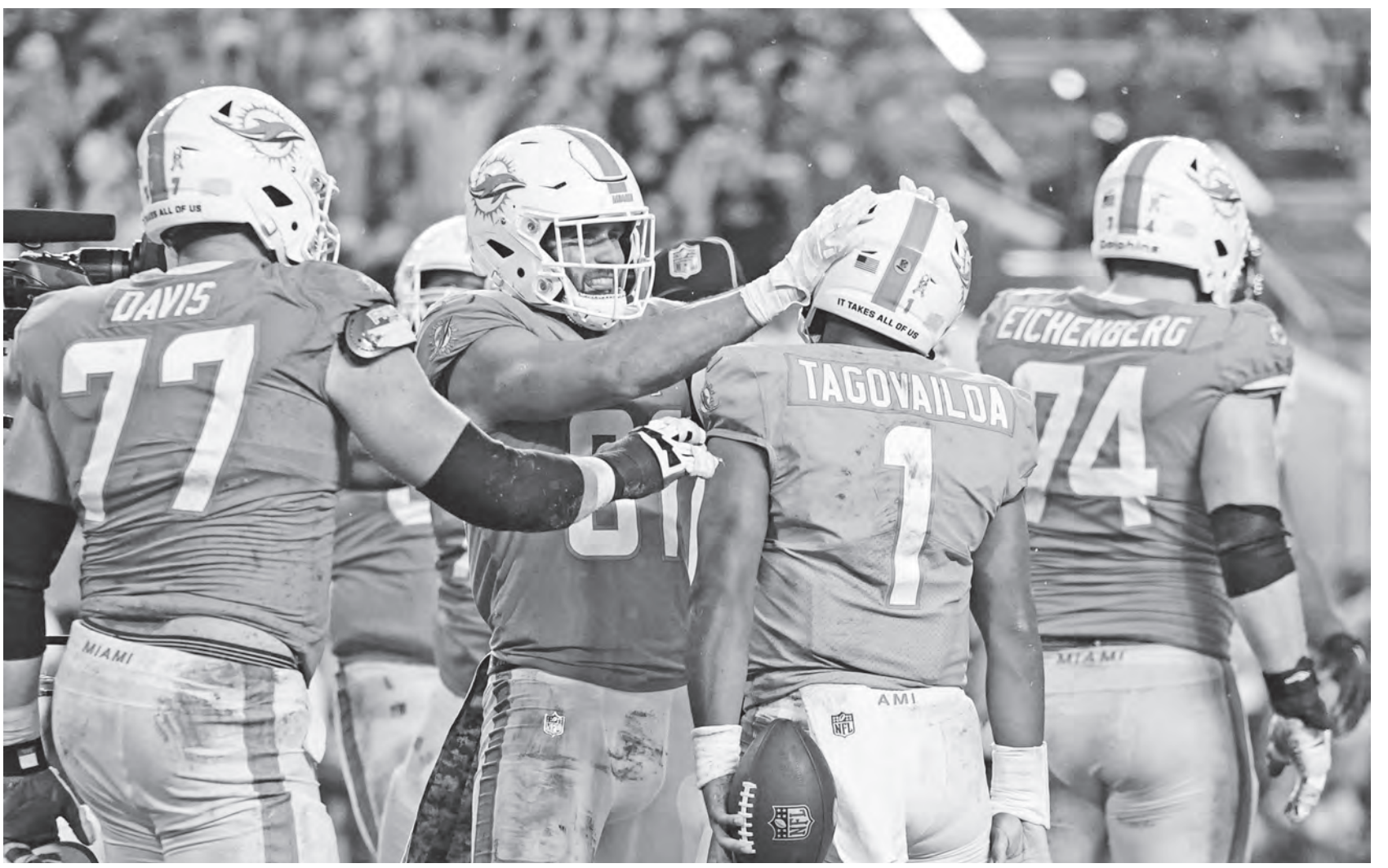
Turner shoved Gobert, planting his shoulder in his back after a missed layup. Gobert responded by bear hugging him and trying to wrestle Turner to the floor. The two players had to be separated near the basket across from the Pacers bench.

Also Friday, the NBA fined Toronto guard Fred VanVleet $15,000 for making an obscene gesture late in the Raptors' 115-109 victory in Philadelphia on Thursday night.

Utah Jazz center Rudy Gobert, left, and Indiana Pacers center Myles Turner start a skirmish during the fourth quarter of an NBA basketball game in Salt Lake City on Thursday, Nov. 11, 2021. AP

Miami wins 2nd straight, tops Ravens, 22-10

» AP-FBN-Ravens-Dolphins, 1st Ld-Writethru



Miami Dolphins tight end Durham Smythe (81) celebrates with Miami Dolphins quarterback Tua Tagovailoa (1) after Tagovailoa scored a touchdown during the second half of an NFL football game against the Baltimore Ravens, Thursday, Nov. 11, 2021, in Miami Gardens, Fla. AP

MIAMI GARDENS, Fla. (AP)—Tua Tagovailoa walked off the field, game ball in his injured left hand, and waved his arms to acknowledge the cheers.

"Tua!"

"Tua!"

"Tua!"

And then he stopped before entering the tunnel to take a bow, a rare moment of celebration for the Miami Dolphins this season.

Xavien Howard forced a fumble and returned it 49 yards for a touchdown, Tagovailoa came off the bench and capped his night with a 1-yard sneak for a score with 2:19 left and the Dolphins stunned the Baltimore Ravens 22-10 on Thursday night.

"Any win is good," Tagovailoa said. "No rumors, no external factors of noise had anything to do with what we did tonight."

The Dolphins (3-7) got three field goals from Jason Sanders in what became their second win in five days. Tagovailoa—who couldn't start because of a fractured finger on his left, or throwing, hand—threw for 158 yards in relief of Jacoby Brissett, who passed for 156 yards before needing to depart in the third quarter with an injured right knee.

"I think it's tough coming into a game, second half," Tagovailoa said. "You've got to warm up, you've got to get your head back into the mindset of going in and playing, but that's the NFL. You've got to be ready at any time."

Baltimore's streak of 51 regular-season games with at least 14 points—the second-longest such streak in NFL history behind a 63-game run by New England from 2009 through 2013—came to an end.

An emphatic end, at that.

"We just played poorly and it's because of our coaching," Ravens coach John Harbaugh said. "It starts with me. I didn't do a good job getting these guys ready."

Miami's defense carried an offense that had one quarterback get hurt, have an injured one take his place, and saw its only trip to the end zone in the first 57 minutes come from an offensive lineman who reached just far enough on a back flip to get the ball over the goal line—only to have it not count because he wasn't an eligible receiver.

Didn't matter. The offense did enough, and the defense did more than enough.

"The defense played great," Tagovailoa said.

Lamar Jackson completed 26 of 43 passes for 238 yards and a touchdown for Baltimore (6-3). Mark Andrews had the scoring grab for the Ravens, who had dominated Miami in the teams' most recent three meetings going into Thursday—winning by a combined 137-16 score.

Not this time. Not even close.

"We've got to go to work," Harbaugh said. "We've got to be a lot better."

Brissett had a 52-yard completion to Isaiah Ford late in the half on what appeared to be a busted play that turned into Miami's longest gain of the season—to that point, anyway. Sanders connected on a chip shot, the Dolphins took a 6-3 lead into the break and, somehow, had the lead for good.

Andrews' scoring catch got Baltimore ton 15-10, just close enough for it to seem that Miami was on the ropes. Tagovailoa found Albert Wilson for a 64-yard gain—Miami's longest play of the season and the longest pass of Tagovailoa's NFL career—with about three minutes left, and then the QB muscled in from the 1 to seal the win.

"We just didn't play a good football game," Ravens defensive end Calais Campbell said. "At the end of the day, they played better football than us today."

The closest either offense came to the end zone for the game's first 55 minutes was a play midway through the third quarter, when Tagovailoa completed a pass to right guard Robert Hunt. The lineman rumbled toward the goal line, got flipped over and appeared to reach the ball over the plane.

It wouldn't have counted anyway. Hunt wasn't an eligible receiver, the Dolphins settled for a field goal and a 9-3 lead.

And soon afterward, finally, a TD happened. Howard stripped the ball from Ravens receiver Sammy Watkins after a catch on the ensuing Baltimore possession, picked up the fumble and scored to put Miami up 15-3.

"A great play," Dolphins coach Brian Flores said. "X, he's done a great job for us and he showed up again, made a big play in a big moment. We needed it. Got it out, scooped and scored. Big play in the game."

Gruden sues NFL over publication of his offensive emails

By JOSH DUBOW
AP PRO FOOTBALL WRITER

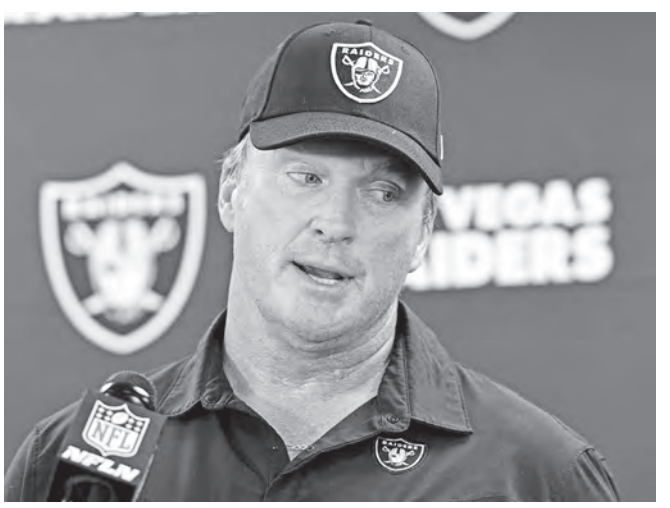
Former Las Vegas Raiders coach Jon Gruden has sued Commissioner Roger Goodell and the NFL, alleging that a "malicious and orchestrated campaign" was used to destroy Gruden's career by leaking old emails he had sent that included racist, misogynistic and homophobic comments.

The suit was filed in district court in Clark County, Nevada, on Thursday, exactly a month after Gruden resigned as Raiders coach following the publication of his emails by the Wall Street Journal and New York Times.

The emails sent to former Washington Football Team executive Bruce Allen from 2011 to 2018 during Gruden's time as an announcer at ESPN included racist, misogynistic and homophobic comments. They came from a set of 650,000 emails obtained by the league in June during an investigation into the workplace culture of the Washington Football Team.

Gruden's attorney, Adam Hosmer-Henner, said in a statement that the defendants "selectively leaked Gruden's private correspondence to the Wall Street Journal and New York Times in order to harm Gruden's reputation and force him out of his job."

"In contrast to the formalities of the Washington Football Team investigation, Defendants' treatment of Gruden was a Soviet-style character assassination," the lawsuit alleges. "There was no warning and no process. Defendants held the emails for months until they were leaked to the national media in the middle of the Raiders' season in order to cause maximum damage to Gruden."



Las Vegas Raiders head coach Jon Gruden speaks with the media following an NFL football game against the Pittsburgh Steelers in Pittsburgh on Sept. 19, 2021. AP

NFL spokesman Brian McCarthy denied the charges.

"The allegations are entirely meritless and the NFL will vigorously defend against these claims," McCarthy said.

The Wall Street Journal reported on Oct. 8 that Gruden used a racist term to describe NFL union chief DeMaurice Smith.

The suit says that NFL pressured the Raiders to fire Gruden after the release of that email and "intimated that further documents would become public if Gruden was not fired."

Gruden coached two days later and then on Oct. 11 the New York Times revealed additional offensive emails. Gruden then resigned less than halfway through the fourth year of his 10-year, $100 million contract with the Raiders.

Raiders owner Mark Davis said last month that he had reached a settlement with Gruden over the final six-plus years of his contract. Davis did not reveal the terms of the settlement.

The lawsuit said Gruden lost a sponsorship deal with Skechers and was pulled from appearing in the Madden NFL 2022 video game, as well as having future employment and endorsement prospects damaged.

Gruden is seeking unspecified damages on seven claims, as well as punitive damages and attorneys' fees.

Braves' Anthopoulos beaming as World Series champ

CARSLBAD, Calif. (AP)—Stuck at home while his Atlanta Braves won the World Series last week, Alex Anthopoulos wasn't sure how to celebrate when his two young kids offered an idea:

"They wanted us to pull out the Sprite and spray it all over the place," he said.

The age-appropriate bubbly was a no-go on a school night, but the Anthopoulos family found other ways to be festive after the general manager was forced to quarantine at home with COVID-19 as the Braves ended Atlanta's 26-year championship drought in the big four major sports.

Anthopoulos arrived at the general managers' meetings in Southern California on Tuesday night and, a day later, he smiled wide recounting the siloed-yet-celebratory 12-day stretch in which he won his first championship.

Anthopoulos, who is vaccinated, had a sniffly nose and tested positive for the coronavirus on the morning of Game 4 in Atlanta. Days later, he stayed at home while the team traveled to Houston for Game 6 with a chance to clinch.

The 44-year-old said he was a nervous wreck at the start of Game 6, telling wife Cristina he wanted to go for a drive instead of watching first pitch.

She talked him out of that plan, but when Atlanta put runners at first and second in the first inning, Anthopoulos grabbed the remote and turned on a Toronto Maple Leafs hockey game.

"As I have gotten older, I have a harder time watching a game that's close," he said, adding he couldn't shake off thoughts about the 3-1 series lead the Braves blew in the 2020 NLCS to the Dodgers and the Falcons' infamous collapse from a 28-3 edge in the 2017 Super Bowl.

Anthopoulos tuned back in time to see Jorge Soler's third inning, three-run homer—he shouted loud enough to wake his 11-year-old daughter, Julia. His anxiety eased when Atlanta led 6-0 through five innings, and 9-year-old John was pulled out of bed in the eighth.

"We counted down the outs," Anthopoulos recalled. "We just kind of yelled and cheered."

No Sprite, though. The kids were put to bed, and Anthopoulos returned to the TV, eager to watch postgame interviews with players and manager Brian Snitker. A few people FaceTimed him from the field, and he said he stayed up until around 5:30 a.m. responding to some 400 text messages and even more emails.

His last act before turning in: jotting down notes with memories from the playoff run.

"You want to soak all that up," he said.

Anthopoulos' family got its own truck during the team's parade last Friday, and he addressed a crowd at Truist Park from a suite while the team partied on the field.

Atlanta Braves general manager Alex Anthopoulos talks with reporters during Major League Baseball's general manager meetings, Wednesday, Nov. 10, 2021, in Carlsbad, Calif. AP

A day later, the family returned to empty Truist Park and took photos on the field with the World Series trophy.

"It's really heavy," he said. "Really, really heavy."

Anthopoulos has been praised by peers this week for a string of moves at the trade deadline that pushed the sub-.500 Braves back into postseason contention and set up their Series run.

He added outfielders Joc Pederson, Eddie Rosario, Adam Duvall and Soler in July, and the quartet crushed it down the stretch. Rosario won NLCS MVP and Soler was named World Series MVP.

"Yeah, that was impressive. Alex did an extraordinary job," said Indians president of baseball operations Chris Antonetti, who traded Rosario to the Braves.

"Alex, they did a phenomenal job with their acquisitions," Phillies boss Dave Dombrowski said.

Anthopoulos received the John Schuerholz Award this week, given to GMs who serve at least 10 years in the role. Schuerholz was the general manager in Atlanta from 1990-2007.

The Braves pivoted quickly into offseason mode. Anthopoulos said the team will try to re-sign free agent slugger Freddie Freeman, and he also has to once again reconfigure the outfield with Pederson, Rosario and Soler no longer under contract.

But Anthopoulos is not quite done with the party yet. He excited to visit the White House and looking forward to bringing the trophy back to Canada over the holidays—the Montreal native even joked that he and Braves pitcher Mike Soroka, a fellow Canadian, should arrange a visit with the prime minister in Ottawa.

Anthopoulos is the first Canadian GM to win a title.

"I want to bring it to my family to see it, my wife's family to see it, that will be really cool," he said. "You're reminded what it means to a lot of people in the community."

TRIBUNE SPORTS SCORES

NBA STANDINGS

EASTERN CONFERENCE

Atlantic Division

	W	L	Pct	GB
Brooklyn	9	4	.692	–
Philadelphia	8	6	.571	1½
New York	7	6	.538	2
Toronto	7	7	.500	2½
Boston	6	7	.462	3

Southeast Division

Washington	9	3	.750	–
Miami	8	5	.615	1½
Charlotte	7	7	.500	3
Atlanta	4	9	.308	5½
Orlando	3	10	.231	6½

Central Division

Chicago	8	4	.667	–
Cleveland	9	5	.643	–
Milwaukee	6	7	.462	2½
Indiana	6	8	.429	3
Detroit	3	9	.250	5

WESTERN CONFERENCE

Southwest Division

Dallas	8	4	.667	–
Memphis	6	7	.462	2½
San Antonio	4	8	.333	4
New Orleans	2	12	.143	7
Houston	1	11	.083	7

Northwest Division

Denver	8	4	.667	–
Utah	8	5	.615	½
Portland	6	7	.462	2½
Oklahoma City	5	6	.455	2½
Minnesota	4	8	.333	4

Pacific Division

Golden State	11	1	.917	–
Phoenix	8	3	.727	2½
L.A. Clippers	8	4	.667	3
L.A. Lakers	7	6	.538	4½
Sacramento	5	8	.385	6½

NFL STANDINGS

AMERICAN CONFERENCE

East

	W	L	T	Pct	PF	PA
Buffalo	5	3	0	.625	235	118
New England	5	4	0	.556	230	170
Miami	3	7	0	.300	177	252
N.Y. Jets	2	6	0	.250	144	251

South

Tennessee	7	2	0	.778	255	211
Indianapolis	4	5	0	.444	245	213
Jacksonville	2	6	0	.250	132	209
Houston	1	8	0	.111	128	258

North

Baltimore	6	3	0	.667	231	217
Pittsburgh	5	3	0	.625	161	169
Cincinnati	5	4	0	.556	236	203
Cleveland	5	4	0	.556	224	196

West

L.A. Chargers	5	3	0	.625	199	201
Las Vegas	5	3	0	.625	196	189
Denver	5	4	0	.556	187	153
Kansas City	5	4	0	.556	221	227

NATIONAL CONFERENCE

East

Dallas	6	2	0	.750	241	192
N.Y. Giants	3	6	0	.333	179	216
Philadelphia	3	6	0	.333	227	218
Washington	2	6	0	.250	156	227

South

Tampa Bay	6	2	0	.750	260	183
New Orleans	5	3	0	.625	201	155
Atlanta	4	4	0	.500	175	220
Carolina	4	5	0	.444	171	183

North

Green Bay	7	2	0	.778	199	180
Minnesota	3	5	0	.375	194	191
Chicago	3	6	0	.333	150	224
Detroit	0	8	0	.000	134	244

West

Arizona	8	1	0	.889	277	155
L.A. Rams	7	2	0	.778	261	196
San Francisco	3	5	0	.375	185	202
Seattle	3	5	0	.375	181	169

BY THE ASSOCIATED PRESS

HARRY

From Page 20

again. I just played it one hole at a time," he said.

The member of the CNMI National Golf Team for next year's Pacific Mini Games said he's dedicating his first victory in the Rotary Goodwill Golf Classic to his family and friends.

He added that his win in the Rotary golf fundraiser is also a good prelude to his participation to next year's Mini Games that the islands will hold for the very first time.

Aside from hitting the greens, Nakamura said he's also training for next year's quadrennial event by running three times a week—Monday, Wednesday, and Friday. Unlike the Rotary Goodwill Golf Classic and other fundraising golf competitions that allow players to use golf carts, next year's Mini Games will be a walking tournament.

Coming in second to Nakamura in the premier division of the tournament was Franco Santos after he finished with a 6-over par 78. Third and fourth places went to Feng Chung Jin and Fred Cataluna with scores of 78 and 79, respectively. Santos nipped Jin for second via scorecard tiebreak.

For finishing first in the championship flight, Nakamura took home $500, while Santos settled for the $300 runner-up purse. Jin won $200 and Cataluna received $100 for finishing in the Top 4.

In the A flight, Joseph Muña took the cake with a 5-over par 75 built around a 40 in the first nine holes and a 37 in the last nine with birdies in holes No. 9 and 12.

Homerun hitter Ned Norita has successfully taken his long-ball tendencies to the golf course and finished runner-up with the same score as Muña, but lost out on a scorecard tiebreak. He came away with a 38 and a 39 in the front and back nines.

Benjamin Jones Jr. and Joshua Atalig finished third and fourth with scores of 79 and 81, respectively. The Kagman High School principal carded a 40-39 in the first and second half of the course, while the CNMI national golfer got his 81 via a 43 and 38.

Muña, Norita, Jones, and Atalig also received $500, $300, $200, and $100, respectively, for their Top 4 finish in the A flight.

Results of the other flights of last Saturday's Rotary Goodwill Golf Classic Tournament will be published in the next issues of *Saipan Tribune.*

JIMIN

From Page 20

The 17-year-old Saipan International School student also acknowledged that the two-week delay because of the COVID-19 community spread messed up his preparations for the tournament a little bit.

"I was preparing for it and then came the two-week delay. I didn't come out here and play that much because I was trying to be safe," said Woo, who dedicated his win yesterday to his parents.

Woo reached the finals after beating Jun Wang, 6-2, 6-3, in the first round. He then booked the finals ticket with a 6-1, 6-2 victory over Isaac Heo.

Ryu opened the tournament with a 6-3, 6-4 upset of second seed Andy Kim. He then earned the right to face Woo for all the marbles following a hard-fought 7-5, 6-2 triumph over David Kwon.

In the boys 14-and-under, second seed Nasson Wessel pulled the rug from under top seed Henry Choi, 6-0, 7-6 (5). Wessel beat Ki Won Lee (6-0, 6-0) and Taher Shakir (6-1, 6-1) to advance to the finals. Choi, meanwhile, only needed to beat Si Woo Lee, 6-0, 6-2, to enter the championships round after getting a bye in the first round.

Yutaka Kadokura won the boys 12-and-under following a 6-1, 6-1 triumph over Ryan Choi in the finals. He advanced to the championship game following a 6-3, 7-5 nipping of Jihun Park following a bye in the opening round. Choi made it to the finals after winning over Ian Chae (6-3, 5-3 retired), and second seed Eamon Tan (7-5, 6-2).

In the boys 10-and-under, Quido Jambor ruled the roost after accumulating 6 points in the round-robin format. He beat Stella Choi (6-1), Michael Minjoon Jeon (6-2), and Seung Woo Lee (6-1). Choi finished second in the age group with 4 points, followed by Jeo and Lee with, respectively.

Results of the other girls singles and boys and girls doubles of the 2021 TanHoldings Tennis Classic will be published in the next issues of *Saipan Tribune.*

DASH

From Page 20

the people on island. Runners will have the chance to set a course record for the Beach Road Pathway starting at the 0.25 marker symbol at Oleai Bar and Grill," said Dela Cruz.

Moreover, Run Saipan's December 5K will most likely mark a return to in-person running. "If the board feels it's okay to have in-person again it will be on the track and field," said the Run Saipan president alluding to the Oleai Sports Complex track and field as the venue.

"It will be the first Saturday of December so runners can have time to test for Northern Marianas Athletics' annual Christmas Island Relay," added Dela Cruz.

To register for next weekend's Run Saipan October Underground 5K 21.10, copy and paste the link https://docs.google.com/forms/d/e/1FAIpQLSee7sAfdKzhTQ9auAQbB27qsXN1SaCbYiwI6EVx5GCKqIU8lQ/viewform?fbclid=IwAR0WaejwCy3sTuaoWE-v6c1dHEshkthly6jUEvc-G6QPCCM2f-SSW0prGGT4.

The brainchild of Oceania Athletics Association president Robin Sapong, the 5K Dash & Splash was supposed to be held by NMA in 2018, but Super Typhoon Yutu postponed it. Dela Cruz earlier said they added the water element in the run in honor of Athletics Run Jump And Throw.

The revived 5K Dash & Splash, this time now organized by Run Saipan, was originally set for Oct. 30 but was postponed for the first time after three Public School System students tested positive for COVID-19.

In lieu of the postponed Run Saipan Dash & Splash, Run Saipan held a Virtual 5K Underground Series 21.9 held over the same weekend and it was topped by Pony Tang and Tania Tan.

Tang, a 15-year-old sophomore at Marianas High School, ran the course at the MHS Cross Country course in 22:24 to win the men's division, while Tan, a junior at Fordham University, topped the women's division after running the cross country meet at Cedarville, Ohio in 20:41.

Saipan Tribune
Sports

Harry tops championship flight

By MARK RABAGO
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ASSOCIATE EDITOR

Harry Nakamura was the lone golfer to finish with an even par en route to winning the championship flight of last Saturday's Rotary Goodwill Golf Classic Tournament at the Coral Ocean Resort.

The 28-year-old Division of Customs officer fired a 36 in the front nine and the same score in the back nine to finish with an even par 72. The 2-handicapper's tournament-best score went along with birdies in holes No. 9 and 17.

Nakamura, who has been playing golf since 2011, said last weekend's Rotary golf was difficult on account of the weather.

"It was pretty tough. It was kind of raining and hot and then raining

See HARRY on Page 19

Harry Nakamura, fifth from left, poses with other championship flight winners and Rotary Club of Saipan officials led by president Ivan Ilmov, sixth form left, during the 2021 Rotary Goodwill Golf Classic Tournament awards banquet at Saipan World Resort last Saturday. MARK RABAGO

Jimin Woo dominates boys U18 singles

Jimin Woo in action during his finals match against Sam Ryu in the boys 18-and-under division of the 2021 TanHoldings Tennis Classic yesterday at the American Memorial Park tennis courts. MARK RABAGO

By MARK RABAGO
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ASSOCIATE EDITOR

Top seed Jimin Woo didn't drop a set as he dominated the boys 18-and-under division of the 2021 TanHoldings Tennis Classic this weekend at the American Memorial Park tennis courts.

Paired opposite unseeded Sam Ryu in the finals yesterday, Woo sailed through a 6-2 victory in the opening set before facing some resistance in the second. With his back against the wall, Ryu gambled and succeeded with some risky winners to make a game of it before eventually succumbing to Woo's powerful forehand and lost 6-4.

Woo said he was glad the championship game didn't go into a deciding third and final set on account of the scorching conditions at the tennis courts.

"It was very hot because there were no cloud up here. It was also very windy so it was tough to play. Sam played really well and I had a hard time in the second set. It was fun though," he said.

See JIMIN on Page 19

Dash & Splash postponed to next year

Run Saipan president Edward Dela Cruz Jr. poses with his younger sister during the Oct. 2, 2021 PSS/NMA Cross Country Qualifier at the old Saipan Country Club golf course behind Saipan Vegas. MARK RABAGO

By MARK RABAGO
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ASSOCIATE EDITOR

There was nary a dash or any semblance of splash last Saturday at the East Bay of Lao Lao Bay as Run Saipan ultimately postponed its 5K Dash & Splash due to the spread of COVID-19 cases in the community.

Run Saipan president Edward Dela Cruz Jr. apologized to runners itching to try the new course for the postponement as the rise in coronavirus cases was just too much to ignore for the fledgling running group.

"Everyone else on the Run Saipan board voted to shelve it until next year due to the rise in COVID-19 cases," he told *Saipan Tribune.*

In lieu of the aborted 5K Dash & Splash, Run Saipan will be returning to a virtual run for the November edition of its underground series.

"The November 5K will be this weekend. It will be virtual again. However, there is a challenge for

See DASH on Page 19